

Suicide Prevention

If you or someone you know is having a mental health crisis, call the crisis line for your county or you can call 911 (e.g. if there is immediate danger of physical harm).

Crisis Text Line

Text "PA" to 741-741

Dauphin County Crisis Intervention Services

717-232-7511

https://www.dauphincounty.org/government/departments/mental_health_and_intellectual_disabilities/crisis_intervention_services.php

National Suicide Prevention Hotline

1-800-273-TALK (8225)

Online Hotlines

Chat online at: www.ImAlive.org or www.CrisisChat.org

PA211

<https://www.pa211.org/agency/7296/8903/>

Prevent Suicide PA

<https://www.preventsuicidepa.org/task-force-county-init/dauphin/>

Youth Suicide Warning Signs

<https://www.youthsuicidewarningsigns.org/>