

**WHERE  
TO GO  
WHEN YOU NEED  
HELP**

**2026-2027 EDITION**

**WHERE TO GO  
WHEN YOU NEED HELP  
2026-2027 Edition**



**Dauphin County Board of Commissioners**  
**Justin Douglas**  
**Mike Pries**  
**George P. Hartwick, III**  
[www.dauphincounty.gov](http://www.dauphincounty.gov)

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## **ABUSE**

(See also CHILD ABUSE, RAPE and WOMEN)

### **ACCESS YORK**

(YWCA York)

York County's provider of comprehensive services to victims of violence in our community, with expertise in working with those impacted by domestic violence, sexual assault, and human trafficking.

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

717-854-3131

[www.ywcayork.org/victim-services](http://www.ywcayork.org/victim-services)

### **CHILDLINE**

State child abuse registry.

To report suspected child abuse or general child well-being concerns.

800-932-0313

## **DOMESTIC VIOLENCE**

### **HOTLINES (By county)**

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451,  
717-273-7190

NORTHUMBERLAND/UNION/  
SNYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

### **ELDER ABUSE HOTLINE-PA.**

To report abuse of elderly individuals or

adults with disabilities.

800-490-8505

**MIDPENN LEGAL SERVICES**

Provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

**Harrisburg office:**

100 North Cameron Street,  
Suite 401 West  
Harrisburg

[www.midpenn.org](http://www.midpenn.org)

**For Help in Adams, Bedford,  
Berks, Blair, Centre, Clearfield,  
Cumberland, Dauphin,  
Franklin, Fulton, Huntingdon,  
Juniata, Lancaster, Lebanon,  
Mifflin, Perry, Schuylkill &  
York Counties:** (800) 326-9177  
Administration Phone  
(717) 234-0492

**NATIONAL SEXUAL  
ASSAULT HOTLINE**

800-656-HOPE (4673)

**NATIONAL SEXUAL  
VIOLENCE  
RESOURCE CENTER**

Provides information and tools to prevent and respond to sexual violence.

717-909-0715

877-739-3895

2101 N. Front St., Building 2,  
Harrisburg

[www.nsvrc.org](http://www.nsvrc.org)

**PENNSYLVANIA COALITION  
AGAINST DOMESTIC  
VIOLENCE**

A statewide collaborative membership organization committed to ending intimate partner violence and all forms of violence against women.

National hotline

800-799-SAFE (7233)

Local number

717-545-6400

3501 N. Front Street, Suite 200  
Harrisburg

[www.pcadv.org](http://www.pcadv.org)

**PENNSYLVANIA COALITION  
AGAINST RAPE**

Works to end sexual violence and advocates for the rights and needs of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740 (media-related inquiries)

800-692-7445 (general inquiries)

2101 N. Front St., Building 2,  
Harrisburg

[www.pcar.org](http://www.pcar.org)

**PRECIOUS HEARTS  
FOUNDATION**

Aids victims of domestic abuse with temporary housing and other services.

877-731-2210

[www.preciousheartsfoundation.org](http://www.preciousheartsfoundation.org)

**SEXUAL ASSAULT  
RESOURCE & COUNSELING  
CENTER**

Prevents sexual violence and promotes healing for those impacted.

**Lebanon Office:**

717-270-6972 (hotline Lebanon)  
615 Cumberland St., Lebanon

**Schuylkill Office:**

570-628-2965 (hotline Schuylkill)  
17 Westwood Centre, Pottsville  
[www.sarcclebanon.org](http://www.sarcclebanon.org)

**YWCA OF CARLISLE –  
SEXUAL ASSAULT/RAPE  
CRISIS SERVICES  
OF CUMBERLAND COUNTY**

888-727-2877  
301 G Street, Carlisle  
[www.ywcacarlisle.org](http://www.ywcacarlisle.org)

**YWCA OF  
GREATER HARRISBURG**

Violence intervention and prevention services. Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.

800-654-1211  
717-234-7931  
1101 Market St., Harrisburg  
[www.ywcahbg.org](http://www.ywcahbg.org)

**ADOPTION AND  
FOSTER CARE  
SERVICES**

**ADOPTIONS FROM THE  
HEART**

Mission is to provide safe, loving homes for children and offer comprehensive, high-quality services to adoptive families, birth parents, and children.

888-572-7251  
Central Pennsylvania office  
717-399-7766  
5630 Linglestown Rd. Suite 3012  
Harrisburg, PA 17112  
[www.afth.org](http://www.afth.org)

**CATHOLIC CHARITIES**

Assists birthparents, adoptive families and children with adoptions that meet the needs of all three groups.

717-657-4804  
4800 Union Deposit Road,  
Harrisburg, PA  
[www.cchbg.org](http://www.cchbg.org)

**COMMON SENSE ADOPTION  
SERVICES**

A licensed, non-profit adoption and foster care agency.

717-412-0772  
800-445-2444  
1215 Manor Dr. Suite 206  
Mechanicsburg, PA 17055  
[www.commonsenseadoption.org](http://www.commonsenseadoption.org)

**DIAKON ADOPTION &  
FOSTER CARE**

717-795-0320

5000 Ritter Road Mechanicsburg  
PA 17055

[www.diakonafc.org](http://www.diakonafc.org)

**EVERSTAND (formerly known  
as) UNITED METHODIST  
HOME FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.

717-766-7652

5120 Simpson Ferry Road  
Mechanicsburg

[www.everstand.org/](http://www.everstand.org/)

**JEWISH FAMILY SERVICE  
OF GREATER HARRISBURG  
INC.**

717-233-1681

2994 N 2nd Street, Harrisburg

[www.jfsofhbg.org](http://www.jfsofhbg.org)

**PENNSYLVANIA STATE  
RESOURCE FAMILY  
ASSOCIATION**

Advocates for all those who care about children and their families.

800-951-5151

PO Box 60216, Harrisburg 17106

[www.psrfa.org](http://www.psrfa.org)

**SWAN (Statewide Adoption and  
Permanency Network)**

A broad-based cooperative effort and a centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services.

800-585-7926

[www.adoptpakids.org](http://www.adoptpakids.org)

**AIDS/HIV**

**AIDS FACTLINE  
(PENNSYLVANIA)**

800-662-6080

**ALDER HEALTH SERVICES**

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.

717-233-7190

100 N. Cameron St., Suite 201  
East, Harrisburg

[www.alderhealth.org](http://www.alderhealth.org)

**CENTER FOR DISEASE  
CONTROL AND  
PREVENTION**

800-CDC-INFO (800-232-4636)

TTY: 888-232-6348

[www.cdc.gov/hiv](http://www.cdc.gov/hiv)

**FAMILY HEALTH COUNCIL  
OF CENTRAL PA.**

Funds eight agencies that provide supportive services, HIV interventions, prevention education, and housing for people living with HIV and their families.  
717-761-7380

[www.fhccp.org](http://www.fhccp.org)

**THE HOPE PROGRAM**

Provides expert HIV care and support in a confidential community setting. Part of Hamilton Health Center.  
717-230-3949

110 S. 17<sup>th</sup> St., Harrisburg

[www.hamiltonhealthcenter.com](http://www.hamiltonhealthcenter.com)

**UPMC PINNACLEHEALTH  
– REACCH**

Offers free and confidential HIV testing as well as primary HIV care and treatment for men, women and adolescents.

717-754-6388

223-488-7799

2501 N. Third St., second floor,  
Harrisburg

[www.upmc.com](http://www.upmc.com)

**BULLYING  
PREVENTION****BULLYING PREVENTION  
CONSULTATION LINE**

The toll-free Bullying Prevention Consultation Line invites individuals experiencing chronic and unresolved bullying to discuss effective strategies and available resources to manage school-based bullying. This resource was developed in collaboration with the Center for Health Promotion and Disease Prevention (CHPDP), and is available at no cost to students, parents/guardians, and school districts across

Pennsylvania

1-866-716-0424

[www.pa.gov](http://www.pa.gov)

**DEPARTMENT OF  
EDUCATION**

(717) 783-6788

607 South Drive

Harrisburg, PA 17120

<http://www.education.pa.gov/>

**PENNSYLVANIA YOUTH  
CONGRESS**

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St., Harrisburg

[www.payouthcongress.org](http://www.payouthcongress.org)

## **CANCER**

### **AMERICAN CANCER SOCIETY**

800-227-2345

[www.cancer.org](http://www.cancer.org)

### **CANCER TREATMENT CENTERS OF AMERICA**

(855) 597-7125

[www.cancercenter.com](http://www.cancercenter.com)

### **NATIONAL CANCER INSTITUTE**

800-422-6237

[www.cancer.gov](http://www.cancer.gov)

### **PENNSYLVANIA BREAST CANCER COALITION**

Supports and serves breast cancer survivors and their families in Pennsylvania through educational programming, legislative advocacy and breast cancer research grants.

800-377-8828

2397 Quentin Road, Suite B,  
Lebanon, PA 17042

[www.pabreastcancer.org](http://www.pabreastcancer.org)

### **SUSAN G. KOMEN FOR THE CURE**

Saves lives by meeting the most critical needs in communities and investing in breakthrough research to prevent and cure breast cancer.

877-GO-KOMEN (465-6636)

[www.komen.org](http://www.komen.org)

## **CHILD ABUSE**

### **CHILDLINE TO REPORT CHILD ABUSE**

To report suspected child abuse or general child well-being concerns.  
800-932-0313

### **ASSOCIATION OF SITES ADVOCATING CHILD PROTECTION**

Non-profit organization dedicated to online child protection.

[www.asacp.org](http://www.asacp.org)

### **CHILD HELP**

Helps victims of child abuse and neglect through prevention, intervention and treatment.

800-422-4453

[www.childhelp.org](http://www.childhelp.org)

### **OFFICE OF THE VICTIM ADVOCATE**

Represents the interests of crime victims.

800-563-6399 TTY: 877-349-1064

1101 S. Front St., Suite 5200,  
Harrisburg

[www.ova.pa.gov](http://www.ova.pa.gov)

## **PENNSYLVANIA COALITION AGAINST RAPE**

Help for victims of sexual abuse,  
including information, referrals  
and resources.

888-772-7227 (24-hour hotline)

717-728-9740

2101 N. Front St., Building 2,  
Harrisburg

[www.pcar.org](http://www.pcar.org)

## **PENNSYLVANIA FAMILY SUPPORT ALLIANCE**

Provides education, support, and  
training programs to make  
Pennsylvania safe for children.

717-238-0937

800-448-4906

100 Sterling Parkway, Suite 100,  
Mechanicsburg, PA 17050

[www.pa-fsa.org](http://www.pa-fsa.org)

## **UPMC CHILD ADVOCACY CENTER OF CENTRAL PA.**

A child advocacy center dedicated  
to reducing the trauma and  
aftermath of abuse for children and  
their families.

717-782-3131

717-657-7500

2645 N. Third St., Harrisburg  
618 Cornwall Road, Building 3,  
Lebanon

[www.upmc.com/services/south-  
central-pa/pediatrics/resources/crc](http://www.upmc.com/services/south-central-pa/pediatrics/resources/crc)

## **CHILDREN**

(See also MEDICAL, MENTORS,  
PARENTING & TEENS)

### **4-H PROGRAMS**

4-H is a community of young  
people who are learning  
leadership, citizenship and life  
skills. Information at the following  
counties:

Cumberland

717-240-6500

Dauphin

717-921-8803

Lancaster

717-394-6851

Lebanon

717-270-4391

Perry

717-582-5150

York

717-840-7408

[www.4-h.org/programs/](http://www.4-h.org/programs/)

### **ASERT AUTISM RESOURCE CENTER**

Designed to bring together existing  
resources for families, providers,  
and self-advocates, and allow them  
to access a broad array of  
information to help meet the needs  
of those living with or serving  
people with autism.

877-231-4244

[www.paautism.org](http://www.paautism.org)

**AUTISM SOCIETY,  
GREATER HARRISBURG  
AREA CHAPTER**

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

717-732-8408

PO Box 101, Enola.

[paaautism.org](http://paaautism.org)

<http://www.autismharrisburg.org/>

**BETHESDA MISSION  
COMMUNITY (YOUTH)  
CENTER**

Develops meaningful relationships with children, teens, and families in the Harrisburg area.

1438 Herr St., Harrisburg

717-257-5483 ext. 300

[www.bethesdamission.org](http://www.bethesdamission.org)

**BOYS AND GIRLS CLUB OF  
HARRISBURG**

Serves as a neighborhood-based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

717-234-3268

1227 Berryhill Street, Harrisburg

1700 Hanover St., Harrisburg

717-232-1711

[www.bgchbg.org](http://www.bgchbg.org)

**CAITLIN'S SMILES**

Helps children facing chronic or life-threatening illnesses through distribution of arts and crafts kits.

717-412-4759

3303 N. Sixth St., Harrisburg

[www.caitlins-smiles.org](http://www.caitlins-smiles.org)

**CAPITAL AREA HEAD  
START**

Gives children a head start in life, empowers parents and strengthens families.

717-541-1795

[www.keystonehumanservices.org/  
capital-area-head-start](http://www.keystonehumanservices.org/capital-area-head-start)

**CHILD FIND OF AMERICA**

Provides services designed to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse.

800-I-AM-LOST (800-426-5678)

[www.childfindofamerica.org](http://www.childfindofamerica.org)

**CHILDREN AND YOUTH SERVICES CUMBERLAND COUNTY**

Provides professional social services to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

717-240-6120

888-697-0371 ext. 6120

16 W. High St., Suite 200, Carlisle

[www.cumberlandcountypa.gov/108/Children-Youth-Services](http://www.cumberlandcountypa.gov/108/Children-Youth-Services)

**CHILDREN'S HEALTH INSURANCE****PROGRAM (CHIP)**

Provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS (5437)

[www.chipcoverspakids.com](http://www.chipcoverspakids.com)

**CHILDREN'S HOME OF YORK**

Empowers children to thrive, strengthens families and enriches communities.

717-755-1033

77 Shoe House Road, York

[www.childrenshomeofyork.org](http://www.childrenshomeofyork.org)

**COMMUNITY CHECK UP-CENTER**

A community based non-profit organization working in partnership with the community to improve the health and wellness of low-income women and children through high quality compassionate care.

717-233-1700

38C Hall Manor, Harrisburg

[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

**DAUPHIN COUNTY SOCIAL SERVICES FOR CHILDREN AND YOUTH**

Dedicated to the health, safety and welfare of children and families.

717-780-7200

1001 N. Sixth St., Harrisburg

[www.dauphincounty.gov](http://www.dauphincounty.gov)

## **EARLY LEARNING KEYS TO QUALITY**

(Pennsylvania Department of Human Services)

Community Connections for Children (CCIS) agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences.

Cumberland/Dauphin/Lebanon/Perry counties.

717-210-3334

800-864-4925

<https://cccforpa.org>

## **EVERSTAND (formerly known as) UNITED METHODIST HOME FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.

717-766-7652

5120 Simpson Ferry Road  
Mechanicsburg

[www.everstand.org/](http://www.everstand.org/)

## **FAMILY HEALTH COUNCIL OF CENTRAL PA.**

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

717-761-7380

3461 Market St

Camp Hill, PA 17011

[www.fhccp.org](http://www.fhccp.org)

## **GREATER HARRISBURG HEALTHY START**

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

717-909-1278

110 S. 17<sup>th</sup> St., Harrisburg

[www.harrisburghealthystart.com](http://www.harrisburghealthystart.com)

## **KEYSTONE AUTISM SERVICES**

Provides services for children and adults with autism spectrum disorders.

717-232-7509

[www.keystonehumanservices.org/autism-services](http://www.keystonehumanservices.org/autism-services)

**LANCASTER INTENSIVE  
DAY TREATMENT**

(Catholic Charities)

Serves at-risk youth from 9 to 15  
who possess significant emotional  
and behavioral health needs.

717-295-9630

1004 New Holland Ave.

Lancaster

(Office)

717-657-4804

4800 Union Deposit Rd

Harrisburg, PA 17111-3710

[www.cchbg.org](http://www.cchbg.org)

**MYNDWORKS COUNSELING**

(Jewish Family Service of Greater  
Harrisburg)

Offers innovative and effective  
programs to support children and  
adults going through a difficult  
period in life.

717-233-1681

2994 N 2nd Street

Harrisburg

[www.jfsofhhbg.org](http://www.jfsofhhbg.org)

**NATIONAL CENTER FOR  
MISSING  
& EXPLOITED CHILDREN**

800-843-5678

[www.missingkids.org](http://www.missingkids.org)

**NEIGHBORHOOD CENTER  
OF THE UNITED  
METHODIST CHURCH**

Serves a multi-ethnic uptown  
neighborhood, as well as the total  
Harrisburg community, with  
educational, cultural, social  
service, basic needs, leadership,  
and recreational programs for  
children and their families.

717-233-6541

1801 N. Third St.

Harrisburg

[www.neighborhoodcenterumc.org](http://www.neighborhoodcenterumc.org)

**NEW HOPE MINISTRIES**

Youth programs provide  
assistance with homework, life  
skills, recreation, educational  
activities, and community  
service activities while  
promoting positive behavior and  
values. Has centers in Dillsburg,  
Dover, Hanover, Mechanicsburg,  
New Oxford and West Shore  
(Lemoyne).

(717) 432-3053

99 W. Church St., Dillsburg

[www.nhm-pa.org/](http://www.nhm-pa.org/)

**NORTHERN DAUPHIN  
HUMAN SERVICES CENTER**

Children and Youth Services,  
Probation, Area Agency on Aging,  
Pathways Forward, Drug and  
Alcohol Services

717-905-2700

295 State Drive, Elizabethtown

[www.dauphincounty.gov](http://www.dauphincounty.gov)

**PENN STATE HEALTH  
PEDIATRIC TRAUMA  
AND INJURY PREVENTION**

Only Level I pediatric trauma center serving the 10-county area of southcentral Pennsylvania. Manages children's serious, sudden injuries.

717-531-7233

600 University Dr.  
Hershey, PA 17033

<https://www.pennstatehealth.org/childrens/services-treatments/trauma-program/injury-prevention-program>

**PENNSYLVANIA STATE  
RESOURCE FAMILY  
ASSOCIATION**

Advocates for all those who care about children and their families.

800-951-5151

PO Box 60216  
Harrisburg, PA 17106

[www.psrfa.org](http://www.psrfa.org)

**PRESSLEY RIDGE**

Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.

Pressley Ridge York  
(717) 845-6624

141 East Market Street  
York, PA 17401

[www.pressleyridge.org](http://www.pressleyridge.org)

**RONALD MCDONALD  
HOUSE**

Keeps children and families together by providing temporary housing at no charge to out-of-town families of seriously ill children who are being treated at Penn State Children's Hospital.

717-533-4001

745 W. Governor Road  
Hershey

[www.rmhc-centralpa.org](http://www.rmhc-centralpa.org)

**SPECIAL KIDS NETWORK  
HELP PA**

(Pennsylvania Department of Health)

Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

[www.paelkshomeservice.org/special-kids-network/](http://www.paelkshomeservice.org/special-kids-network/)

**UPMC PINNACLEHEALTH  
CHILDREN AND TEEN  
CENTER**

717-782-4650

2645 N. Third St., second floor,  
Harrisburg

[www.upmc.com](http://www.upmc.com)

**Women, Infants & Children (WIC)**

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.

800-WIC-WINS (942-9467)

717-230-3979

[www.pawic.com](http://www.pawic.com)

**YOUTH ADVOCATE PROGRAMS, INC.**

One of the largest non-profit agencies providing exclusively non-residential, community-based programs.

2030 N. Third St.

Harrisburg

717.232.3106

[www.yapinc.org](http://www.yapinc.org)

**CONSUMER PROTECTION**

(See also EMERGENCY HELP & HEATING ASSISTANCE)

**COMMUNITY JUSTICE PROJECT**

Helps low-income consumers protect themselves from abusive practices by lenders, banks, debt collectors and others.

717-710-3834

118 Locust St.,

Harrisburg

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**CONSUMER ADVOCATE**

Represents Pennsylvania consumers regarding matters of their utility service.

800-684-6560

Office of Consumer Advocate

555 Walnut St., 5th Floor,

Forum Place, Harrisburg

[www.oa.state.pa.us](http://www.oa.state.pa.us)

**FEDERAL TRADE COMMISSION**

Protects consumers and competition by preventing anticompetitive, deceptive, and unfair business practices through law enforcement, advocacy, and education without unduly burdening legitimate business.

877-FTC-HELP (382-4357)

[www.consumer.ftc.gov](http://www.consumer.ftc.gov)

**FLOOD INSURANCE INFORMATION**

Help center

National Flood Insurance Program

800-427-4661 (RVOS Insurance)

[www.floodsmart.gov](http://www.floodsmart.gov)

**PENNSYLVANIA ATTORNEY GENERAL'S OFFICE**

**Bureau of Consumer Protection**

717-787-3391

800-441-2555

320 Market Street, 16th Floor,

Strawberry Square

Harrisburg, PA 17120

**CONSUMER HEALTH CARE SECTION**

Helps Pennsylvanians secure the treatment they need, aims to protect the public from unfair health care business practices, and helps shape Pennsylvania's policies in favor of the consumer.

1-717-705-6938

1-877-888-4877 (Toll free)

14th Floor, Strawberry Square  
Harrisburg, PA 17120

**PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES**

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.

800-722-2657

[www.dobs.pa.gov](http://www.dobs.pa.gov)

**PENNSYLVANIA INSURANCE DEPARTMENT**

877-881-6388

[www.insurance.pa.gov](http://www.insurance.pa.gov)

**PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)**

Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner

Utility customer hotline

800-692-7380

400 North St., Keystone Building,  
Harrisburg

[www.puc.pa.gov](http://www.puc.pa.gov)

**DISABILITIES****THE ARC OF CUMBERLAND AND PERRY COUNTIES**

Mission is to empower, inspire and educate people with intellectual and developmental disabilities, their families, and the community.

717-249-2611

71 Ashland Ave.,  
Carlisle

[www.cparc.org](http://www.cparc.org)

**THE ARC OF DAUPHIN COUNTY**

Mission is to enhance quality of life and community integration for individuals with special needs.

717-920-2727

3544 N Progress Ave Suite 205  
Harrisburg PA 17110

**BELL SOCIALIZATION SERVICES**

Mission is to provide an environment of support and empowerment where people can improve their quality of living.

717-848-5767

160 S. George Street,  
York

[www.bellsocialization.com](http://www.bellsocialization.com)

**CENTER FOR INDEPENDENT LIVING OF CENTRAL PA**

Mission is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.

717-731-1900 ext. 213

Living well hotline

2601 Herr Street

Harrisburg, PA 17103

[www.cilcp.org](http://www.cilcp.org)

**EASTER SEALS**

Western and Central Pennsylvania  
Provides exceptional programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work and play in their communities.

South Central PA:

717-741-3891

2550 Kingston Rd Suite 313A  
York PA 17402

[www.easterseals.com/wcpenna](http://www.easterseals.com/wcpenna)

**GOODWILL KEYSTONE AREA**

Works to support persons with disabilities and other barriers to independence in achieving their full potential as workers and as members of the broader community.

717-232-1831

800-432-GIVE (4483)

2151 Linglestown Rd, Ste. 300  
Harrisburg 17110

<https://www.yourgoodwill.org/>

**INGLIS HOME MODIFICATIONS FOR INDEPENDENCE**

Provides access to home modifications for people with various disabilities

(610) 873-9595, option 2

[Homemods@inglis.org](mailto:Homemods@inglis.org)

Eligibility screening form on website: [www.inglis.org](http://www.inglis.org)

**KEYSTONE HUMAN SERVICES**

Mission is to act as a change agent, creating opportunities for growth and meaningful life choices so that all people can be valued and contributing members of their communities.

717-232-7509

[www.keystonehumanservices.org](http://www.keystonehumanservices.org)

**PARENT TO PARENT OF PENNSYLVANIA**

Links families of children and adults with disabilities or special needs.

6340 Flank Dr #600

Harrisburg, PA 17112

(717) 540-4722

1-888-727-2706

[www.parenttoparent.org](http://www.parenttoparent.org)

**SPECIAL KIDS NETWORK HELP PA**

(Pennsylvania Department of Health)

Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

[www.paelkshomeservice.org/special-kids-network/](http://www.paelkshomeservice.org/special-kids-network/)

**UNITED CEREBRAL PALSY CENTRAL PA**

Meets the needs of individuals of all ages with all types of disabilities and special needs, at every stage of life - from pediatric to geriatric.

717-737-3477

800-998-4827

55 Utley Drive

Camp Hill PA 17011

[www.ucpcentralpa.org](http://www.ucpcentralpa.org)

**VISION RESOURCES OF CENTRAL PENNSYLVANIA**

Mission is to facilitate independence, enrich the quality of life, and empower individuals who are visually impaired or otherwise disabled through prevention, employment and educational awareness programs.

717-238-2531

1130 S. 19<sup>th</sup> St.

Harrisburg

[www.vrocp.org](http://www.vrocp.org)

**EATING DISORDERS****CONTACT HELPLINE**

Information and referral service

800-932-4616

[www.contacthelpline.org](http://www.contacthelpline.org)

**NATIONAL ASSOCIATION  
OF ANOREXIA NERVOSA  
AND ASSOCIATED  
DISORDERS**

ANAD is the oldest organization aimed at fighting eating disorders in the United States. ANAD assists people struggling with eating disorders and provides resources for families, schools and the eating disorder community.

888-375-7767

[www.anad.org](http://www.anad.org)

**NATIONAL EATING  
DISORDERS ASSOCIATION**

Supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

(212) 575-6200

[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

**OVEREATERS ANONYMOUS**

Primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

505-891-2664

[www.oa.org](http://www.oa.org)

**PENN STATE HERSHEY  
EATING DISORDERS  
PROGRAM**

Offers a full range of treatment for children, teens and adults with eating disorders, including anorexia nervosa (very low weight, fear of gaining weight and/or starvation); bulimia nervosa (binge eating followed by forced vomiting or extreme exercise); and related eating disorders.

717-531-2099

[www.pennstatehealth.org](http://www.pennstatehealth.org)

**EDUCATION FOR  
ADULTS**

(See also MENTORING)

**BIGUS WORKFORCE  
TRAINING**

Volunteer and work opportunities for construction related projects.

Contact BigUs if you are interested in joining the community of individuals reshaping workforce training.

[info@bigusworkforce.org](mailto:info@bigusworkforce.org)

[bigusworkforce.org](http://bigusworkforce.org)

**CENTRAL PENNSYLVANIA  
LITERACY COUNCIL**

Committed to improving the  
literacy of all adults in  
Cumberland and Dauphin  
counties.

717-763-7522

225 Hummel Ave.

Lemoyne

[www.cplc-  
adultliteracy.blogspot.com](http://www.cplc-adultliteracy.blogspot.com)

**DEPARTMENT OF LABOR  
AND INDUSTRY  
EMPLOYMENT AND  
WORKFORCE  
DEVELOPMENT**

[www.pa.gov](http://www.pa.gov)

**EMPLOYMENT SKILLS  
CENTER**

Helps people achieve personal  
growth and job betterment through  
education and training.

717-243-6040

29 S. Hanover Street

Carlisle

[www.employmentskillscenter.org](http://www.employmentskillscenter.org)

**FAMILY PROMISE OF  
HARRISBURG CAPITAL  
REGION**

Family Promise HCR is a partner  
with United Way of the Capital  
Region: Workforce Development  
as a case management site. This  
full-service workforce  
development program removes  
barriers that prevent successful  
employment for individuals over  
the age of 18.

56 Erford Rd.

Camp Hill, PA 17011

(717) 737-1100

[www.familypromisehcr.org](http://www.familypromisehcr.org)

**HAMILTON HEALTH  
CENTER, INC**

The Workforce Development  
Program trains students to be  
effective in today's high-  
performing primary care setting  
and provides hands-on learning in  
leading primary care clinics,  
including Hamilton Health Center.  
(717) 232-9971

110 S. 17th Street

Harrisburg, PA 17104

[www.hamiltonhealthcenter.com](http://www.hamiltonhealthcenter.com)

**HARRISBURG AREA  
COMMUNITY COLLEGE  
(HARRISBURG)**

Central Pennsylvania's Community  
College  
800-ABC-HACC  
One HACC Drive  
Harrisburg, PA 17110  
[www.hacc.edu](http://www.hacc.edu)

**LITERACY COUNCIL OF  
LANCASTER-LEBANON**

Provides opportunities for lifelong  
learning and learning for life.  
400 Locust Street (Rear)  
Lebanon, PA 17402  
717-277-5682  
Lancaster Office -  
407 Lafayette St.,  
Lancaster, PA 17603  
717-295-5523  
[www.getliterate.org](http://www.getliterate.org)

**NEW HOPE MINISTRIES**

New Hope Ministries offers  
educational and vocational training  
in partnership with accredited and  
licensed training providers. Our  
agency offers supportive  
instruction, services, and financial  
assistance to promote our guests'  
educational and employment  
goals.  
701 Bosler Avenue  
Lemoyne  
717-774-6255  
<https://nhm-pa.org/>

**PENN STATE EXTENSION  
OFFICES**

A modern educational  
organization dedicated to  
delivering science-based  
information to people,  
businesses, and communities.  
Cumberland County  
717-240-6500  
Dauphin County  
717-921-8803  
Lancaster County  
717-394-6851  
Lebanon County  
717-270-4391  
Perry County  
717-582-5150  
York County  
717-840-7408  
[www.extension.psu.edu](http://www.extension.psu.edu)

**PENNSYLVANIA  
COMMONWEALTH  
WORKFORCE DEVELOPMENT  
SYSTEM**

Provides access to Pennsylvania  
workforce development and  
independent living services provided  
by the Departments of Labor &  
Industry and Human Services.  
PA Career Link - Capitol Region  
717-783-3270  
100 N. Cameron St., Suite 101,  
Harrisburg, PA  
PA CareerLink – Cumberland County  
717-243-4431  
40 Noble BLVD Ste. 12  
Carlisle, PA  
[www.cwds.pa.gov](http://www.cwds.pa.gov)

**PERRY COUNTY LITERACY COUNCIL**

Mission is to provide educational programs for Perry County residents and their families that will enable them to better function as productive, responsible citizens.

717-567-7323

866-781-7323

133 S. Fifth St.

Newport

[www.perryliteracy.com](http://www.perryliteracy.com)

**PROBE** (Potential Reentry Opportunities in Business and Education)

Offers career development and financial literacy programs to help participants build self-esteem and achieve economic self-sufficiency.

Lebanon office (also serves western Berks County):

717-273-2090

[www.probepa.org](http://www.probepa.org)

**THE SALVATION ARMY HARRISBURG CAPITAL CITY REGION**

717-233-6755

506 South 29<sup>th</sup> Street

Harrisburg, PA 17104

<https://pa.salvationarmy.org/harrisburg-pa>

**TEC CENTRO CAPITAL REGION**

Offers adult basic education classes, career training programs and employment and supportive services.

(717) 409-8754

1426 N. 3rd Street

Harrisburg, PA 17102

[www.teccentrocr.org](http://www.teccentrocr.org)

**TRI COUNTY COMMUNITY ACTION**

In Self-Sufficiency Program, clients are paired with case managers who will help to set goals, identify challenges, and map a course to success, all while focusing on strengths and skill building along the way.

Harrisburg:

717-232-9757

1514 Derry Street, Harrisburg

Elizabethville:

717-232-9757 Ext. 401

20 Clearfield Street, Elizabethville

[www.cactricounty.org](http://www.cactricounty.org)

**TRI-COUNTY OIC ADULT LEARNING CENTER**

Offers recruitment, outreach, basic literacy skills, training, vocational skills training, job development, counseling, and placement services to hundreds of students each year.

717-238-7318

500 Maclay St., Harrisburg

[www.tricountyoic.org](http://www.tricountyoic.org)

## **UNITED WAY CAPITAL REGION**

Road to Success helps you get – and keep – a job where you can earn a living wage. Case managers guide you every step of the way and can assist you with available jobs, transportation, childcare and more.

[roadtosuccess@uwcr.org](mailto:roadtosuccess@uwcr.org)

717-732-0700

2235 Millennium Way, Enola

[www.uwcr.org](http://www.uwcr.org)

## **YORK COUNTY LITERACY COUNCIL**

Literacy services for adults

717-845-8719

1416 6<sup>th</sup> Avenue, York

<https://www.yorkliteracyinstitute.org/>

## **YW-WORKS EMPLOYMENT PROGRAM**

(YWCA of Greater Harrisburg)

Offers skills assessment, training and help with attaining employment

717-234-7931

1101 Market St., Harrisburg

[www.ywcahbg.org](http://www.ywcahbg.org)

## **EMERGENCY HELP**

(See also CONSUMER PROTECTION, HEATING ASSISTANCE, MENTAL HEALTH AND SHELTERS)

### **988 HOTLINE**

Using the 988 Lifeline is free.

When you call, text, or chat the 988 Lifeline, your conversation is confidential. The 988 Lifeline provides you with judgment-free care. Talking with someone can help save your life

<https://988lifeline.org/>

## **AMERICAN RED CROSS OF THE SUSQUEHANNA VALLEY**

866-311-3832

1804 N. Sixth St.

Harrisburg

[www.redcross.org](http://www.redcross.org)

### **CONTACT HELPLINE**

Information and referral service

800-932-4616

[www.contacthelpline.org](http://www.contacthelpline.org)

**COUNTY ASSISTANCE  
OFFICES (PA Department of  
Human Services)**

Cumberland County

800-269-0173

33 Westminster Drive, Carlisle

Dauphin County

800-788-5616

2432 N. Seventh St., Harrisburg

Lancaster County

717-299-7411

832 Manor St., Lancaster

Lebanon County

800-229-3926

625 S. Eighth St., Lebanon

Perry County

800-991-1929

100 Centre Drive, New Bloomfield

York County

800-991-0929

130 N. Duke St., York

**CONNECTIONS**

Emergency Behavioral Health Crisis  
Walk-in Center

1100 S. Cameron Street

Harrisburg, PA 17104

(717) 408-1353

<https://connectionshs.com/>

**CRISIS INTERVENTION  
SERVICES**

(Dauphin County)

24-hour emergency mental health  
services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

**CRISIS INTERVENTION  
SERVICES**

(Cumberland/Perry counties)

Provides psychiatric or mental  
health emergency assistance, 24  
hours a day, 7 days a week.

717-763-2222, 717-243-6005

All other areas, 866-350-HELP  
(4357)

**HELP MINISTRIES OF  
CHRISTIAN CHURCHES  
UNITED**

Emergency services include  
emergency shelter, rent assistance,  
home heating fuel, travel and  
prescription assistance.

717-230-9550

413 S. 19th Street

Harrisburg

[www.ccuhbg.org](http://www.ccuhbg.org)

**LIHEAP**

Pennsylvania Low Income Home  
Energy Assistance Program  
Hotline. Offers financial help to  
households suffering from heating  
crises.

800-692-7462 Can apply for  
benefits online at

[www.compass.state.pa.us](http://www.compass.state.pa.us)

**NATIONAL COALITION FOR HOMELESS VETERANS**

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)  
202-546-1969

[www.nchv.org](http://www.nchv.org)

**NEW DIGS MINISTRY**

Assists those who are disadvantaged when making life's most sensitive decisions. Need a referral. Open 9 a.m. to 12 p.m., Monday, Wednesday, Friday; and 9 a.m. to 12 p.m. second Saturday of month.

717-620-9735

5 Pleasant View Drive,  
Mechanicsburg

[www.newdigsministry.org](http://www.newdigsministry.org)

**NEW HOPE MINISTRIES**

Provides a variety of assistance for families in the Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and the West Shore.

(administrative office)

717-432-2087

99 W. Church St., Dillsburg

[www.nhm-pa.org](http://www.nhm-pa.org)

**PENNSYLVANIA  
DEPARTMENT OF HUMAN  
SERVICES**

[www.dhs.pa.gov](http://www.dhs.pa.gov)

**PENNSYLVANIA  
TEMPORARY ASSISTANCE  
FOR NEEDY FAMILIES**

Designed to help needy families achieve self-sufficiency.

800-692-7462

**VICKIE'S ANGEL  
FOUNDATION**

Helps families fighting cancer who have difficulties paying their bills during the challenging times of undergoing cancer treatments.

717-774-3800

[www.vickiesangelfoundation.org](http://www.vickiesangelfoundation.org)

**ETHNIC/RACIAL  
DISCRIMINATION  
OR INTIMIDATION****ANTI-DEFAMATION  
LEAGUE**

Mission is to stop the defamation of Jewish people, and to secure justice and fair treatment for all.

[www.adl.org](http://www.adl.org)

## **COMMUNITY JUSTICE PROJECT**

Works to protect the Constitutional rights of all people.

717-710-3834

118 Locust St.

Harrisburg

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

## **FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.**

Mission is to provide comprehensive services that affirmatively address and promote fair housing rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, family status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

2100 N. Sixth St., Harrisburg

[www.pafairhousing.org](http://www.pafairhousing.org)

## **PENNSYLVANIA HUMAN RELATIONS COMMISSION**

Promotes equal opportunity for all and enforces Pennsylvania's civil rights laws that protect people from unlawful discrimination.

333 Market St., Eighth floor,  
Harrisburg

717-787-4410 (Executive)

717-787-9780 (Harrisburg)

TTY 717-787-7279

[www.phrc.pa.gov](http://www.phrc.pa.gov)

## **FOOD ASSISTANCE**

For additional information, contact **CENTRAL PA FOOD BANK** at **717-564-1700** or find a location near you under partner agencies tab at

<https://www.centralpafoodbank.org/find-help/find-food/>

3908 Corey Road, Harrisburg, PA 17109

## **ALLISON HILL COMMUNITY MINISTRY – Pantry**

717-238-2030

1508 Derry Street

HARRISBURG, PA 17104

## **A NEW TOMORROW**

Pillars of Empowerment Center

717-210-3991

2019 Market St

Harrisburg PA 17103

Email:

[anewtomorrow2019@gmail.com](mailto:anewtomorrow2019@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

## **A NEW TOMORROW -**

**Lemoyne**

Pillars of Empowerment Center

717-695-6253

1300 Market St, Ste 303

Lemoyne, PA 17043

Email:

[anewtomorrow1300@gmail.com](mailto:anewtomorrow1300@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

**BETHESDA MISSION OF  
HARRISBURG Food Bank**

717-257-4442

611 Reily Street

HARRISBURG, PA 17102

**BREAD OF LIFE FOOD**

**MINISTRY- Food Pantry**

Millersburg Assembly Of God

717-692-3904

2261 Shippen Dam Road

Millersburg, PA

**BREADS FOOD MARKET**

**CHRISTIAN LIFE ASSEMBLY**

**(CLA)-Food Pantry**

717-737-6560

2645 Lisburn Road

Camp Hill, PA 17011

**CATHEDRAL PARISH OF ST.**

**PATRICK-Soup Kitchen**

717-232-2169

212 State Street

Harrisburg, PA 17101

**CITY OF REFUGE**

**EVANGELLISM (C.O.R.E)**

717- 461-2518

13th & Derry Streets,

Harrisburg, PA 17104

**CUPBOARD AT CALVARY –  
Pantry**

717-545-0021

Calvary United Methodist Church

4700 Locust Lane

HARRISBURG, PA 17109

**DAYSPRINGS MINISTRIES**

**BY HIS GRACE FOOD PANTRY**

Seeks to Show the Love of Christ

by Providing Nutritious Food to

Families and Individuals in

Dauphin County and the

Harrisburg Metropolitan Area

Who Are Experiencing Food

Insecurity.

(717) 939-9500

1600 Spring Garden Dr,

Middletown, PA 17057

[www.dsm.church](http://www.dsm.church)

**DOWNTOWN DAILY BREAD**

Downtown Daily Bread is a walk-

in resource center for all hungry

and homeless individuals. The

mission of Downtown Daily Bread

is to confront hunger and

homelessness by offering daily

food and shelter, delivering

services, fostering community, and

inspiring hope.

717-238-4717

234 South Street

HARRISBURG, PA 17101

**EVANGELICAL FREE  
CHURCH OF HERSHEY -  
Pantry**  
717-533-4848 ext. 2038  
330 Hilltop Road  
HUMMELSTOWN, PA 17036

**FAITH TEMPLE C.O.G.I.C -  
Pantry**  
717-236-2694  
717-585-0885 (text message for  
Food Pantry)  
1708 Derry Street  
HARRISBURG, PA 17104

**FAMILY FRESH FOOD  
PANTRY – Pantry**  
Neidig United Methodist Church  
717-712-9997  
1251 Highland Street  
STEELTON, PA 17113

**FOUNTAIN GATE CHURCH  
& MINISTRIES – Pantry**  
717-232-0247  
1419 Derry Street  
HARRISBURG, PA 17104

**FOUNTAIN OF LIFE  
MINISTRIES, INC - Pantry**  
717-944-4455  
290 Newberry Road  
MIDDLETOWN, PA 17057

**FULL HARVEST MINISTRIES  
– Pantry**  
717-514-7992  
1416 Cumberland Street  
HARRISBURG, PA 17103

**GATHER THE SPIRIT FOR  
JUSTICE- Soup Kitchen**  
717-234-0415  
219 Hummel Street, Harrisburg,  
PA 17104

**GLAD TIDINGS ASSEMBLY  
OF GOD - Pantry**  
717-944-1042  
190 Fulling Mill Road  
MIDDLETOWN, PA 17057

**GRACE HOUSE MINISTRIES  
- Pantry**  
717-238-1819  
1125 South 16<sup>th</sup> Street  
HARRISBURG, PA 17104

**GRANTVILLE AREA FOOD  
PANTRY - Pantry**  
Grantville Faith UCC  
717-469-2444  
117 North Faith Road  
Grantville, PA 17028

**GREATER ZION  
MISSIONARY BAPTIST  
CHURCH - Pantry**  
717-541-0388  
212 North Progress Avenue  
HARRISBURG, PA 17109

**HANNA’S PANTRY – Pantry**  
717-220-3839  
3500 Elmerton Avenue  
HARRISBURG, PA 17109

**HARRISBURG AREA FOOD  
PANTRY - Pantry**

717-233-6889  
2135 North 6<sup>th</sup> Street  
Camp Curtain YMCA  
HARRISBURG, PA 17110

**HARRISBURG BRETHREN IN  
CHRIST - Pantry**

717-561-2170  
2217 Derry Street  
HARRISBURG, PA 17104

**HERSHEY FOOD BANK &  
COMMUNITY OUTREACH -  
Pantry**

717-520-3143  
120 East Derry Road  
HERSHEY, PA 17033

**HILLSIDE SEVENTH DAY  
ADVENTIST – Pantry**

717-236-3111  
1300 Herr Street  
HARRISBURG, PA 17103

**HUMMELSTOWN  
COMMUNITY MINISTERIUM  
- Pantry**

717-566-2589  
100 West Main Street  
HUMMELSTOWN, PA 17036

**IMPACT MINISTRIES**

717-216-0404  
P.O. Box 60472  
HARRISBURG, PA 17106

**KINGDOM EMBASSY, INC. -  
Pantry**

717-236-8600  
2111 North 4<sup>th</sup> Street  
HARRISBURG, PA 17110

**LIFEPOINT CHURCH**

717-652-1954  
7733 Hillcrest Ave.,  
HARRISBURG, PA 17112

**LYKENS UNITED  
METHODIST CHURCH,  
EMERGENCY RELIEF FUND  
AND FOOD PANTRY**

717-453-9217  
527 North 2nd Street  
LYKENS, PA 17048

**MANNA FOOD PANTRY -  
Pantry**

Penbrook United Church of Christ  
717-602-5835  
56 Banks Street  
HARRISBURG, PA 17103

**MARKET SQUARE  
PRESBYTERIAN CHURCH-  
Food Pantry**

717-257-1270  
20 South 2nd Street  
HARRISBURG, PA 17101

**MIDDLETOWN INTERFAITH  
PANTRY - Pantry**  
717-944-5668  
201 Wyoming Street  
MIDDLETOWN, PA 17057

**MILLERSBURG AREA  
SENIOR CENTER - Pantry**  
717-692-2657  
109 Edward Drive  
MILLERSBURG, PA 17061

**NORTH 17TH STREET CH OF  
GOD – Pantry**  
717-233-2284  
615 North 17<sup>th</sup> Street  
HARRISBURG, PA 17103

**NORTHERN DAUPHIN FOOD  
PANTRY - Pantry**  
NORTHERN DAUPHIN  
HUMAN SERVICES CENTER  
717-905-2512  
295 State Drive  
ELIZABETHVILLE, PA 17023

**OASIS COMMUNITY FOOD  
PANTRY**  
Living Water Community Church  
717-564-5152  
206 Oakleigh Avenue  
HARRISBURG, PA 17111

**OUR LADY OF THE BLESSED  
SACRAMENT - Pantry**  
717-233-1014  
2121 North 3rd Street  
HARRISBURG, PA 17110

**PRINCE OF PEACE-MARY'S  
HELPERS – pantry**  
717-985-1330  
815 South 2<sup>nd</sup> Street  
STEELTON, PA 17113

**REDEEMED CHRISTIAN  
CHURCH OF GOD-LIVING  
SPRING - Pantry**  
717-671-1539  
3600 Vartan Way  
HARRISBURG, PA 17110

**THE SALVATION ARMY  
FAMILY SERVICES - Multi-  
Service Program**  
717-233-6755  
506 South. 29th Street  
HARRISBURG, PA 17104

**SNAP/FOOD STAMPS  
HOTLINE**  
877-999-5964  
Provides households with SNAP  
(Food Stamp) application  
assistance through a toll-free  
confidential bilingual helpline.  
[www.centralpafoodbank.org/SNAP](http://www.centralpafoodbank.org/SNAP)

**ST. FRANCIS OF ASSISI  
CHURCH - Multi-Service  
Program**  
717-232-1003  
1453 Zarker Street  
HARRISBURG, PA 17104

**ST. PAUL'S EVANGELICAL  
LUTHERAN - Pantry**  
717-692-2141  
324 North Street  
MILLERSBURG, PA 17061

**ST. PAUL MISSIONARY  
BAPTIST CHURCH - Pantry**  
717-234-0037  
1201 N 17th Street  
HARRISBURG, PA 17103

**TABERNACLE BAPTIST  
CHURCH – Pantry**  
717-236-1774  
2730 Booser Avenue  
HARRISBURG, pa 17103

**UPPER DAUPHIN HUMAN  
SERVICES CENTER- Food  
Pantry**  
717-453-9352  
=727 Main Street  
LYKENS, PA 17048

**MEALS SERVED BY  
ORGANIZATIONS**

(day, location, and time)

**BETHESDA MISSION**

*Monday thru Sunday:*  
611 Reily St., Harrisburg  
4:30pm

**DOWNTOWN DAILY BREAD**

*Monday thru Friday:*  
234 South St., Harrisburg  
7am - 8am (breakfast) and  
12p – 1pm (lunch)

**MARKET SQUARE  
PRESBYTERIAN CHURCH**

*Sunday's:*  
20 S 2<sup>nd</sup> St., Harrisburg (inside  
Church, use alley entrance) - 8am  
*Friday's:*  
20 S 2<sup>nd</sup> St., Harrisburg (front of  
Church) – 5:30pm

**ST. FRANCIS SOUP  
KITCHEN**

*Monday thru Sunday:*  
1439 Market Street - 12pm

**ST. PAUL'S CHURCH**

*Thursday's:*  
Market Square behind bank – 6pm

## **ST. PATRICK'S CATHEDRAL**

### Saturday's:

206 State Street (Downtown) -  
7:30am – 8:30am

### Sunday's:

206 State Street (Downtown) -  
5pm

## **MEALS SERVED BY VOLUNTEERS**

(day, location, and time)

### Monday's:

Under bridge on Front St., by the  
motel – 5:30pm  
2<sup>nd</sup> and Market St., Market Square  
Clock – 6pm

### Tuesday's:

Behind bank at 2<sup>nd</sup> and Market -  
5:30pm

### 3<sup>rd</sup> and 4<sup>th</sup> Wednesday's:

Behind bank at 2<sup>nd</sup> and Market  
Square – 6pm

### Saturday's:

Behind Dauphin County  
Courthouse – 4:30pm

### Sunday's:

#### *2<sup>nd</sup> Sunday of the month:*

Market Square behind bank –  
12:30pm

#### *1<sup>st</sup> & 3<sup>rd</sup> Sunday's:*

Market Square behind bank –  
1:30pm

#### *1<sup>st</sup> & 3<sup>rd</sup> Sunday's:*

Cameron St., under 83 Bridge –  
2:30pm  
2<sup>nd</sup> and Market St., Market Square  
Clock – 5pm

## **GAMBLING PROBLEMS**

### **COUNCIL ON COMPULSIVE GAMING IN PENNSYLVANIA**

Purpose is to educate and  
disseminate information on  
compulsive gambling and to  
facilitate referrals.

800-426-2537

<https://pacouncil.com/>

### **GAMBLERS ANONYMOUS**

855-222-5542

[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

### **NATIONAL COUNCIL ON PROBLEM GAMBLING**

800-697-3738

[www.ncpgambling.org](http://www.ncpgambling.org)

**PENNSYLVANIA GAMLING  
ADDICTION HOTLINE**  
844-779-2637

**HEATING  
ASSISTANCE**

(See also CONSUMER  
PROTECTION &  
EMERGENCY HELP)

**ADAMS COUNTY  
ASSISTANCE OFFICE**  
225 S. Franklin St. Gettysburg  
800-638-6816  
717-334-6241

**COMPASS**  
An online application to apply for  
LIHEAP (Heating assistance)  
800-692-7462  
[www.compass.state.pa.us](http://www.compass.state.pa.us)

**CUMBERLAND COUNTY  
ASSISTANCE OFFICE**  
800-269-0173  
717-240-2700  
33 Westminster Drive, Carlisle

**DAUPHIN COUNTY  
ASSISTANCE OFFICE**  
800-788-5616  
717-787-2324  
2432 N. Seventh St., Harrisburg

**HELP MINISTRIES OF  
CHRISTIAN CHURCHES  
UNITED**  
Can assist with one-time payment  
of heating oil.  
(717) 230-9550  
413 S. 19th Street, Harrisburg  
[www.ccuhbg.org](http://www.ccuhbg.org)

**JOIN HANDS MINISTRY**  
A collaborative community  
outreach program providing  
direction, intervention and support  
to persons facing a variety of daily  
living challenges in Perry County.  
717-582-7844  
51 S. Church St., New Bloomfield  
<https://joinhandspa.com/>

**LANCASTER COUNTY  
ASSISTANCE OFFICE**  
832 Manor Street Lancaster  
717-299-7411

**LEBANON COUNTY  
ASSISTANCE OFFICE**  
625 S. Eight Street Lebanon  
717-270-3600  
800-229-3926

**LEBANON COUNTY  
CHRISTIAN MINISTRIES**  
Provides assistance with heating  
energy, whether it be heating oil or  
another heating source such as  
coal, wood or natural gas.  
717-272-4400  
250 S 7th St. Lebanon, PA 17042  
[www.lccm.us](http://www.lccm.us)

**LIHEAP**

Pennsylvania Low Income Home Energy Assistance Program helps low-income families pay their heating bills.

Hotline:

866-857-7095

**NEW HOPE MINISTRIES**

Provides utility assistance for people in Dillsburg, Dover, Hanover, New Oxford and Mechanicsburg/West Shore areas.  
717-432-2087

[www.nhm-pa.org](http://www.nhm-pa.org)

**PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)**

Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner.

800-692-7380

Secretary's Bureau

Pennsylvania Public Utility Commission

Commonwealth Keystone Building

2nd Floor, Room-N201

Harrisburg

[www.puc.state.pa.us](http://www.puc.state.pa.us)

**SALVATION ARMY**

Harrisburg:

717-233-6755

506 S. 29<sup>th</sup> Street, Harrisburg

Northern Dauphin:

295 State Drive, Elizabethville

717-905-2700 ext. 0

[www.salvationarmyharrisburg.org](http://www.salvationarmyharrisburg.org)

**SOUTH CENTRAL COMMUNITY ACTION PROGRAM, INC. (SCCAP)**

This is a program to help people who have very limited incomes to cut their heating bills, save energy, and have warmer homes.

Gettysburg:

717-334-7634

153 N Stratton St.

Gettysburg, PA 17325

Franklin County Office:

717-263-5060

533 S. Main Street

Chambersburg, PA 17201

## **TRI COUNTY COMMUNITY ACTION**

Offers PPL OnTrack program to qualified PPL customers. Benefits include a reduced monthly payment for service, cancellation of a portion of debt owed for every on-time payment, and referrals for energy education and weatherization services.

### Harrisburg:

717-232-9757

1514 Derry Street, Harrisburg

### Elizabethville:

717-232-9757 Ext. 401

20 Clearfield Street, Elizabethville

[www.cactricounty.org](http://www.cactricounty.org)

## **UGI**

Operation Share Energy Fund provides energy assistance grants to qualified customers who experience difficulty paying their heating bills.

800-276-2722

[www.ugi.com](http://www.ugi.com)

## **HISPANIC COMMUNITY**

### **LATINO HISPANIC AMERICAN COMMUNITY CENTER**

Mission is to empower, promote, and advocate for the Latino Hispanic American community of the greater Harrisburg area.

717-232-8302

1301 Derry St., Harrisburg

[www.lhacc.org](http://www.lhacc.org)

### **SPANISH AMERICAN CIVIC ASSOCIATION**

Mission is to foster and perpetuate the cultural, social and economic well-being of Latinos residing in the City and County of Lancaster.

717-397-6267

453 South Lime St., Ste. A

Lancaster, PA 17602

[www.sacapa.org](http://www.sacapa.org)

## **HOUSING/SHELTER**

### **BELL SOCIALIZATION SERVICES**

Assists individuals with their efforts to secure and maintain safe and affordable permanent housing in the community. Services include help to obtain housing, assistance with budgeting, and building basic living skills to successfully live independently.

717-848-5767

160 S. George St.  
York

[www.bellsocialization.com](http://www.bellsocialization.com)

### **BETHESDA MISSION**

Operates a shelter in Harrisburg for homeless men and helps provide resources to find a room, apartment, or supportive housing such as a recovery house, mental health supportive housing, a personal care home, or a nursing home.

717-257-4442

611 Reily St.

Harrisburg

[www.bethesdamission.org](http://www.bethesdamission.org)

### **BRETHREN HOUSING ASSOCIATION**

Mission is to help individuals and families who are experiencing homelessness achieve their potential with stable housing, supportive services and loving relationships.

717-233-6016

219 Hummel St.

Harrisburg

[www.bha-pa.org](http://www.bha-pa.org)

### **BRIDGE OF HOPE HARRISBURG AREA**

Vision is a Harrisburg area where no family is homeless.

Main: 717-635-5957

Referral Line: 717-303-9930

PO Box 15212

Harrisburg PA 17105

[www.harrisburg.bridgeofhopeinc.org](http://www.harrisburg.bridgeofhopeinc.org)

### **CAPITAL AREA COALITION ON HOMELESSNESS**

Empowering providers and coordinating community resources to create a unified, strategic response to housing instability in our capital area.

717-409-5032

1514 Derry St.

Harrisburg 17104

[cachpa.com](http://cachpa.com)

Email: [executivedirector@cachpa.com](mailto:executivedirector@cachpa.com)

**COMMUNITY JUSTICE PROJECT**

Represents people who have been denied housing due to race, sex, national origin, family size, and other reasons.

800-322-7572 / 717-710-3834

118 Locust St.

Harrisburg

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**CUMBERLAND COUNTY HOUSING AND REDEVELOPMENT AUTHORITIES**

Housing: 717-249-1315

866-683-5907

Redevelopment: 717-249-0789

114 N. Hanover Street

Carlisle, PA 17013-2445

[www.cchra.com](http://www.cchra.com)

**DAUPHIN COUNTY HOUSING AUTHORITY**

717-939-9301

501 Mohn Street

Steelton, PA 17113

[www.dauphinhousing.org](http://www.dauphinhousing.org)

**EVERSTAND (formerly known as UNITED METHODIST HOME FOR CHILDREN INC.)**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania.

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

[www.everstand.org](http://www.everstand.org)

**FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.**

Mission is to provide comprehensive services that affirmatively address and promote fair housing rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, family status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

2100 N. Sixth St.

Harrisburg

[www.pafairhousing.org](http://www.pafairhousing.org)

**FAMILY PROMISE OF HARRISBURG CAPITAL REGION**

Mission is to empower families through relationships and skill building to move from homelessness to home.

717-737-1100

56 Erford Road, Camp Hill

[www.familypromisehcr.org](http://www.familypromisehcr.org)

**HABITAT FOR HUMANITY  
OF THE GREATER  
HARRISBURG AREA**

717-545-7299

2416 Park Dr.

Harrisburg, PA 17104

[www.harrisburghabitat.org](http://www.harrisburghabitat.org)

**HARRISBURG CENTER FOR  
PEACE AND JUSTICE**

717-233-3072

315 Peffer Street

Harrisburg

**HARRISBURG HOUSING  
AUTHORITY**

717-257-5420

351 Chestnut Street

Harrisburg

[www.harrisburghousing.org](http://www.harrisburghousing.org)

**HELP MINISTRIES OF  
CHRISTIAN CHURCHES  
UNITED**

Provides rent assistance to households that are facing evictions or are in need of help obtaining housing. Also provides shelter referrals for single women and families.

717-238-2851

413 S. 19th Street

Harrisburg

[www.ccuhbg.org](http://www.ccuhbg.org)

**HOUSING ALLIANCE OF  
PENNSYLVANIA**

A statewide coalition working to provide leadership and a common voice for policies, practices and resources to ensure that all Pennsylvanians, especially those with low incomes, have access to safe, decent and affordable homes.

(215) 576-7044

309 Florence Ave, Apt. 914 N

Jenkintown, PA 19046 ·

[www.housingalliancepa.org](http://www.housingalliancepa.org)

**LIFEPATH CHRISTIAN  
MINISTRIES**

Offers emergency shelter for men and women.

717-845-7662

363-371 West Market Street

York

[www.lifepathyork.org](http://www.lifepathyork.org)

**PAXTON MINISTRIES**

Provides affordable housing and support services to adults who may be challenged with poverty, mental illness, or intellectual disabilities.

717-236-5508

2001 Paxton St.

Harrisburg

[www.paxtonmin.org](http://www.paxtonmin.org)

**PENNSYLVANIA HOUSING  
FINANCE AGENCY**

Works to provide affordable homeownership and rental apartment options for senior adults, low- and moderate-income families, and people with special housing needs.

855-827-3466 (Customer Solutions Center)  
211 N. Front St.  
Harrisburg  
[www.phfa.org](http://www.phfa.org)

**SALVATION ARMY**

Harrisburg:  
717-233-6755  
506 S. 29<sup>th</sup> Street, Harrisburg  
Northern Dauphin:  
717-905-2700 ext. 0  
295 State Drive, Elizabethville  
[www.salvationarmyharrisburg.org](http://www.salvationarmyharrisburg.org)

**THRIVE HOUSING  
SERVICES**

Provides housing and services to youth young adults, individuals and families.

717-364-4152  
260 Walut St.  
Harrisburg, PA  
[www.thrivehousingservices.org](http://www.thrivehousingservices.org)

**TRI COUNTY COMMUNITY  
ACTION**

Offers classes on renting, home purchasing, credit and credit repair, and one-on-one counseling for mortgage and foreclosure assistance.

Harrisburg:  
717-232-9757  
1514 Derry Street, Harrisburg  
Elizabethville:  
717-232-9757 Ext. 401  
20 Clearfield Street, Elizabethville  
[www.cactricounty.org](http://www.cactricounty.org)

**SHELTERS**

**HELP Ministries**  
717-238-2851 MON.-FRI.

**BETHESDA MISSION**  
717-257-4442  
611 Reily Street  
Harrisburg, PA 17102  
[www.bethesdamission.org](http://www.bethesdamission.org)

**BETHESDA MISSION -  
WOMEN AND CHILDREN'S  
SHELTER**

717-257-4442  
2101 N Front St (office)  
Harrisburg, PA 17103  
[www.bethesdamission.org/our-ministries/womens-mission/](http://www.bethesdamission.org/our-ministries/womens-mission/)

**CATHOLIC CHARITIES -  
INTERFAITH SHELTER FOR  
HOMELESS FAMILIES**

717-652-8740  
120 Willow Road  
Suite C  
Harrisburg, PA 17109  
[www.cchbg.org/services/interfaith-shelter-for-homeless-families/](http://www.cchbg.org/services/interfaith-shelter-for-homeless-families/)

**CHRISTIAN CHURCHES  
UNITED  
CCU MEN'S SHELTER  
SUSQUEHANNA HARBOR  
SAFE HAVEN**

717-232-5029  
1805 N.12th St. Harrisburg  
ccuhbg.org

**CRISIS INTERVENTION**  
717-232-7511 or 1-888-596-4447  
Evenings and Weekends

**CIFELLI HOUSE**  
717-991-2649  
1422 Market Street  
Harrisburg, PA 17103

**DOWNTOWN DAILY BREAD,  
SHELTER**

Downtown Daily Bread is a walk-in resource center for all hungry and homeless individuals. The mission of Downtown Daily Bread is to confront hunger and homelessness by offering daily food and shelter, delivering services, fostering community, and inspiring hope.

717-238-4717  
234 South Street  
Top Floor  
Harrisburg, PA 17101  
<https://downtowndailybread.org/>

**GRACE UNITED  
METHODIST CHURCH  
WOMEN/NON-BINARY 18+**  
223-797-9993  
216 State Street  
Harrisburg, PA  
[www.ccuhbg.org](http://www.ccuhbg.org)

**LIGHTHOUSE OUTREACH  
CENTER OF HARRISBURG**  
717-236-0735  
1839 Market Street  
Harrisburg, PA 17103  
<https://lighthouseoutreachhb.org/>

**SALVATION ARMY ADULT  
REHABILITATION CENTER**  
717-541-0203  
1-800-728-7825  
<https://gethelp.salvationarmyusa.org/>

**YWCA GREATER  
HARRISBURG**

717-234-7931  
24-Hour Hotline: 1-800-654-1211  
1101 Market Street  
Harrisburg, PA 17103  
[www.ywcahbg.org](http://www.ywcahbg.org)

**IMMIGRATION AND  
REFUGEE  
SERVICES**

**BETHANY CHRISTIAN  
SERVICES OF LANCASTER**

Connects refugee and immigrant families with churches and community resources to help them adjust to their new life in the U.S.  
717-399-3213  
501 W Lincoln Ave, Ste. 201  
Lititz, PA 17543  
<https://bethany.org/>

**CATHOLIC CHARITIES,  
IMMIGRATION & REFUGEE  
SERVICES**

Works with state and federal governments to resettle refugees, helping them adjust to new lives and newfound freedom.  
717-232-0568  
939 East Park Drive, Suite 102,  
Harrisburg  
[www.cchbg.org](http://www.cchbg.org)

**COMMUNITY JUSTICE  
PROJECT**

Provides assistance for immigrants regardless of their immigration status or country of origin.  
800-322-7572  
717-236-9486 ext. 210  
118 Locust St.  
Harrisburg  
[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**INTERNATIONAL SERVICE  
CENTER**

Mission is to promote, support and implement educational, cultural, social, and economic programs to serve the disadvantaged and underprivileged people, that will enable them to become self-supporting and productive members of our pluralistic society.  
717-236-9401  
21 S. River St.  
Harrisburg  
[www.isc76.org](http://www.isc76.org)

**PENNSYLVANIA  
IMMIGRANT & REFUGEE  
WOMEN'S NETWORK**

Created to honor and enhance the lives of refugee and immigrant women in Pennsylvania.  
717-980-3888  
2101 N. Front St.,  
Governors Plaza North 2  
Harrisburg  
[www.pairwn.org](http://www.pairwn.org)

**PENNSYLVANIA  
IMMIGRATION RESOURCE  
CENTER**

Works to provide access to justice for vulnerable immigrants in detention and in the community through legal services, education and advocacy.

717-600-8099

294 Pleasant Acres Road,  
Suite 202, York, PA

[www.pirclaw.org](http://www.pirclaw.org)

**LEGAL AID**

**AMERICAN CIVIL  
LIBERTIES UNION**

South Central PA Chapter

717-238-2258

PO Box 11761,  
Harrisburg, 17108 - 1761

[www.aclupa.org](http://www.aclupa.org)

**COMMUNITY JUSTICE  
PROJECT**

With the help of legal services organizations and community groups, CJP challenges policies and practices that cause hardship to low-income people throughout the Commonwealth.

717-710-3834

118 Locust Street  
Harrisburg, PA 17101

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**MIDPENN LEGAL SERVICES**

Provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

**Harrisburg office:**

100 North Cameron Street, Ste.

401 West Harrisburg

717-234-0492

(800) 326-9177

**Carlisle office:**

401 E. Louthier St., Suite 103,  
Carlisle

717-243-9400

800-822-5288

**Lancaster office:**

38 N. Christian St., Suite 200,  
Lancaster

717-299-0971

800-326-9177

**Lebanon office:**

1150 Chestnut St., Suite 1  
Lebanon

717-274-2834

800-326-9177

**York office:**

29 N. Queen St., York

717-848-3605

800-326-9177

[www.midpenn.org](http://www.midpenn.org)

**PBA LAWYER REFERRAL  
SERVICE**

800-932-0311

100 South Street

Harrisburg, PA 17101

[www.pabar.org](http://www.pabar.org)

**PA LAW HELP**

A guide to legal information and free civil legal services for low-income persons and seniors in Pennsylvania.

[www.palawhelp.org](http://www.palawhelp.org)

**LGBTQ+ AND  
RELATED  
ORGANIZATIONS****ALDER HEALTH SERVICES**

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.

717-233-7190

100 N. Cameron St., Suite 201,  
Harrisburg

[www.alderhealth.org](http://www.alderhealth.org)

**KEYSTONE BUSINESS  
ALLIANCE - CENTRAL  
PENNSYLVANIA'S LGBT  
CHAMBER OF COMMERCE**

Committed to expanding the economic interest of LGBT-owned and allied businesses through advocacy, education and partnerships with the local business community.

PO Box 135

Harrisburg, PA 17108-0135

<https://keystonebusinessalliance.org/>

**LGBT NATIONAL HOTLINE**

Serves callers of all ages

888-843-4564

**LGBTQ CENTER OF  
CENTRAL PENNSYLVANIA**

Missions is to foster inclusive community and holistic well-being for LGBTQ people through social, educational and cultural engagement.

717-409-5781

1323 N. Front St.

Harrisburg

[www.centralpalgbtcenter.org](http://www.centralpalgbtcenter.org)

**LGBT NATIONAL HOTLINE**

Serves callers of all ages

888-843-4564

**PENNSYLVANIA YOUTH  
CONGRESS**

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St.

Harrisburg

[www.payouthcongress.org](http://www.payouthcongress.org)

**TRANSCENTRALPA**

Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.

717-686-9099 (care line)

[www.transcentralpa.org](http://www.transcentralpa.org)

**THE TREVOR PROJECT**

Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.

212-695-8650

[www.thetrevorproject.org](http://www.thetrevorproject.org)

**MEDICAL**

(See also AIDS, BREAST CANCER, EATING DISORDERS, MENTAL HEALTH, POISON)

**ADVANCEMENT IN RECOVERY PROGRAM (AIR)**

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

2501 N 3rd St, Harrisburg, PA 17110

717-782-6844

Effective September 8<sup>th</sup>, 2026:

New address: 100 N. Cameron St. Harrisburg, PA 17101

<https://ppimhs.org/>

**AMERICAN CANCER SOCIETY HOPE LODGE OF CENTRAL PENNSYLVANIA**

A free home away from home for cancer patients and their caregivers.

717-533-5111

800-227-2345

125 Lucy Ave.

Hummelstown, PA 17036

[www.cancer.org/hopelodge](http://www.cancer.org/hopelodge)

**BEACON CLINIC**

A free, faith-based healthcare clinic providing preventative care and counseling to underserved and uninsured adults in Harrisburg community.

717-775-1111

2626 N. 3rd Street, Suite 3A Harrisburg, PA 17110

(Located in The Rose Garden Building)

[www.beaconclinicpa.org](http://www.beaconclinicpa.org)

**CENTERS FOR DISEASE CONTROL AND PREVENTION**

800-232-4636

[www.cdc.gov](http://www.cdc.gov)

**CHILDREN'S HEALTH  
INSURANCE PROGRAM  
(CHIP)**

Provides health insurance  
to uninsured children and teens  
who are not eligible for or enrolled  
in Medical Assistance.

800-986-KIDS (5437)

866-550-4355

[www.chipcoverspakids.com](http://www.chipcoverspakids.com)

**COMMUNITY CHECK UP-  
CENTER**

Provides comprehensive  
healthcare to women and children  
in South Harrisburg as well as the  
Tri-County area. No one is ever  
denied services due to lack of  
insurance or an inability to pay.

717-233-1700

38C Hall Manor

Harrisburg

[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

**COMPASS**

An online application for  
Pennsylvanians to apply for many  
health and human service  
programs.

800-692-7462

TTY/TTD at 800-451-5886

[www.compass.state.pa.us](http://www.compass.state.pa.us)

**GEISINGER HOLY SPIRIT  
MISSION OF MEDICAL  
OUTREACH**

Nurse-run clinic based at Christ  
Lutheran Church

717-260-9320

124 S. 13<sup>th</sup> St., Harrisburg.

**HAMILTON HEALTH  
CENTER**

Offers medical and dental care at  
110 S. 17<sup>th</sup> St., Harrisburg. (main  
campus)

717-232-9971

Satellite offices at:

Downey School, 1313 Monroe St.,  
Harrisburg

717-230-3909

717-230-3909

Union Deposit Family Practice,  
895 S. Arlington Ave., Harrisburg

717-232-0500

Hamilton Family Care at  
Millersburg

1000 Evelyn Drive, Millersburg,  
717-692-4761

Middletown WIC Program – St.  
Peter's Lutheran Church

121 N. Spring Street, Middletown,  
717-836-6067

Hamilton Health Center WIC  
Program - Grantville

117 North Faith Road, Grantville,  
717-230-3979

Hamilton Health Center of Perry  
County,

46 Red Hill Court, Newport

717-204-7865

[www.hamiltonhealthcenter.com](http://www.hamiltonhealthcenter.com)

**HEALTHCARE  
MARKETPLACES**

As part of Affordable Care Act,  
people can apply for coverage and  
compare available plans.

1-800-318-2596

[www.healthcare.gov](http://www.healthcare.gov)

**HEALTH RESOURCES AND  
SERVICE ADMINISTRATION.**

Mission is to improve health and  
achieve health equity through  
access to quality services, a skilled  
health workforce, and innovative  
programs.

301-443-3376

[www.hrsa.gov](http://www.hrsa.gov)

**HOPE WITHIN COMMUNITY  
HEALTH CENTER**

Offers free primary healthcare  
services for medically uninsured  
low-income residents of Lancaster,  
Lebanon and Dauphin counties.

717-367-9797

4748 E Harrisburg Pike

Elizabethtown, PA

[www.hopewithin.org](http://www.hopewithin.org)

**HOSPICE OF CENTRAL  
PENNSYLVANIA**

Provides the highest quality of  
emotional, physical and spiritual  
support with compassion and  
respect.

717-732-1000

1320 Linglestown Road.,

Harrisburg (main office)

[www.hospiceofcentralpa.org](http://www.hospiceofcentralpa.org)

**JOSHI HEALTH CLINIC**

717-500-1470

Suite 102, 5008 Lenker Street,  
Mechanicsburg, PA 17050

<https://joshihealthfoundation.org/>

**LEBANON FREE CLINIC**

(Lebanon Rescue Mission)

Call to confirm times and  
eligibility.

717-273-2715

135 S. Ninth St.

Lebanon

[www.lebanonrescuemission.org](http://www.lebanonrescuemission.org)

**LION CARE**

(Penn State College of Medicine)

A student-run, non-profit, free  
clinic dedicated to serving the  
medical, psychological, and health  
needs of the underserved in  
Harrisburg area. Call for schedule  
and to make an appointment.

717-257-4440, x312

611 Reily St.

Harrisburg

[www.pennstatehealth.org/commu  
nity-outreach/lioncare](http://www.pennstatehealth.org/community-outreach/lioncare)

**MEDICAID**

Provides health coverage to low-  
income people and is one of the  
largest payers for health care in the  
United States.

Toll-Free: 877-267-2323

TTY Toll-Free: 800-877-8339

[www.medicaid.gov](http://www.medicaid.gov)

**MISSION OF MERCY**

Medical services available,  
Harrisburg clinic is at Harrisburg  
Brethren in Christ Church,  
717-315-9813 (clinic days only)  
2217 Derry St., Harrisburg.  
[www.amissionofmercy.org](http://www.amissionofmercy.org)

**PACE AND PACENET**

State prescription assistance  
program for older adults.  
800-225-7223  
[www.pa.gov/services/aging/apply-for-the-pharmaceutical-assistance-contract-for-the-elderly](http://www.pa.gov/services/aging/apply-for-the-pharmaceutical-assistance-contract-for-the-elderly)

**PENNSYLVANIA**

**DEPARTMENT OF HEALTH**  
877-PA-HEALTH (877-724-3258)  
[www.health.pa.gov](http://www.health.pa.gov)

**PENNSYLVANIA HEALTH  
LAW PROJECT**

**(Medicaid Legal Helpline)**  
Consultant on access to health care  
for low-income consumers, elderly  
and persons with disabilities.  
800-274-3258  
100 Fifth Avenue, Suite 900,  
Pittsburgh, PA 15222  
[www.phlp.org](http://www.phlp.org)

**PLANNED PARENTHOOD**

One of the nation's leading  
providers of high-quality,  
affordable health care, and the  
nation's largest provider of sex  
education.  
Harrisburg Medical Center  
1514 North Second St., Harrisburg  
717-234-2468  
Lancaster Medical Center  
902 Manor St, Lancaster, PA  
717-299-2891  
York Medical Center  
728 S. Beaver St., York  
717-845-9681  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

**RONALD MCDONALD  
HOUSE**

Keeps children and families  
together by providing temporary  
housing, at no charge, to out-of-  
town families of seriously ill  
children who are being treated at  
Penn State Hershey Children's  
Hospital.  
717-533-4001  
745 W. Governor Road  
Hershey  
[www.rmhc-centralpa.org](http://www.rmhc-centralpa.org)

**SADLER HEALTH CENTER CORP.**

Provides accessible primary care, behavioral health and dental services to insured, uninsured and underinsured individuals at two locations: Carlisle and Perry County.

717-500-2266

100 N. Hanover St., Carlisle.

Also, offers dental only services at 1104 Montour Road, Loysville, 717-500-2266

[www.sadlerhealth.org](http://www.sadlerhealth.org)

**UNITED WAY OF THE CAPITAL REGION**

Access to Health Care program (Contact to Care) has community health workers who help you learn to gain access to healthcare. They can connect you to health insurance options, medical appointments and help you overcome barriers to care.

<mailto:contacttocare@uwcr.org>

717-732-0700

2235 Millennium Way

Enola, PA 17025

[www.uwcr.org](http://www.uwcr.org)

**UPMC PINNACLEHEALTH CHILDREN AND TEEN CENTER**

717-782-4650

2645 N. Third St., second floor, Harrisburg

[www.upmc.com](http://www.upmc.com)

**UPMC STREET MEDICINE**

Provides primary care to any unhoused residents.

24/7 phone 717-317-2611

**MENTAL HEALTH CONCERNS**

(See also EMERGENCY HELP)

**SUICIDE PREVENTION HOTLINE**

988 (available 24/7/365)

800-273-8255 (TALK)

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

[www.988lifeline.org](http://www.988lifeline.org)

**CONTACT HELPLINE**

Information and referral service

717-652-4400 (local)

800-932-4616 (toll-free)

900 S Arlington Ave #150, Harrisburg, PA 17109

[www.contacthelpline.org](http://www.contacthelpline.org)

For more mental health resources,  
visit the Dauphin County  
Resources Directory:

**Adult Mental Health Resources:**

[https://www.dauphincounty.gov/docs/default-source/default-document-library/adult-mh-providers-directory-for-consumers-11-18-25.pdf?sfvrsn=44586282\\_1](https://www.dauphincounty.gov/docs/default-source/default-document-library/adult-mh-providers-directory-for-consumers-11-18-25.pdf?sfvrsn=44586282_1)

**Children's Mental Health Resources:**

[https://www.dauphincounty.gov/docs/default-source/default-document-library/childrens-mh-providers-2025-for-families-11-18-25.pdf?sfvrsn=70817418\\_1](https://www.dauphincounty.gov/docs/default-source/default-document-library/childrens-mh-providers-2025-for-families-11-18-25.pdf?sfvrsn=70817418_1)

**THE ADVOCACY ALLIANCE**

Mission is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children with emotional/behavioral disorders.

717-835-2275

1-877-315-6855 (toll-free)

1512 E. Caracas Ave., Hershey

[www.theadvocacyalliance.org](http://www.theadvocacyalliance.org)

**BEHAVIORAL HEALTH  
TREATMENT SERVICES  
LOCATOR**

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357 (HELP)

988 (Call or Text)

[www.samhsa.gov](http://www.samhsa.gov)

**BELL SOCIALIZATION  
SERVICES**

Provides housing and employment support for those dealing with mental illness.

717-848-5767

160 S. George Street  
York

[www.bellsocialization.com](http://www.bellsocialization.com)

**BRAINSTEPS (Strategies  
Teaching Educators, Parents &  
Students)**

Brain injury School Re-entry program assisting PA School in creating appropriate education plans for students following acquired brain injuries (ABI).

724-944-6542

[www.brainsteps.net](http://www.brainsteps.net)

## **CATHOLIC CHARITIES**

Counseling offices

717-233-7978

939 East Park Drive, Harrisburg

717-299-3659

30D East Roseville Road,

Lancaster

717-845-2696

253 E. Market St., York

717-259-9537

6156 W. Canal Road, Abbottstown

(Paradise Outpatient Services)

[www.cchbg.org](http://www.cchbg.org)

## **CRISIS INTERVENTION SERVICES (Dauphin County)**

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

(Cumberland/Perry counties)

Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.

Camp Hill area, 717-763-2222

Carlisle area, 717-243-6005

All other areas, 866-350-HELP (4357)

[www.dauphincounty.gov](http://www.dauphincounty.gov)

## **CONNECTIONS**

Emergency behavioral health crisis walk-in center

1100 S. Cameron Street

Harrisburg, PA 17104

717-408-1353

[Connectionshs.com](http://Connectionshs.com)

## **CUMBERLAND COUNTY**

Dedicated to improving the lives of individuals and families affected by mental illness through recovery-focused support, education and advocacy

717-620-9580

Crisis Line: 1-800-273-8255

704 Lisburn Road, Suite 201

Camp Hill, PA 17011

[www.namicppa.org](http://www.namicppa.org)

## **DAUPHIN COUNTY ASPIRE**

Suicide Prevention Task Force of Dauphin County. Provides Trainings for organizations and groups. Meetings open to public.

717-329-2723

[www.dauphincoaspire.org](http://www.dauphincoaspire.org)

## **DIAKON FAMILY LIFE SERVICES**

Meets the mental-health needs of people through quality, compassionate counseling, family-based mental-health services, and specialized programs.

877-342-5667

[www.diakon.org](http://www.diakon.org)

**FRANKLIN FAMILY SERVICES**

Offers comprehensive outpatient mental health services, which include diagnosis, treatment, and education for adults, adolescents, and children.

717-732-2917

412 Erford Road, Camp Hill

717-732-2917

20 Briarcrest Square, Ste. 205, Hershey

717-267-1515

131 East McKinley Street, Chambersburg

[www.ffspa.com](http://www.ffspa.com)

**KEYSTONE HUMAN SERVICES, Inc. -**

Mental Health Services

Committed to supporting and empowering individuals on their personal journey of recovery.

717-482-8500

3700 Vartan Way

Harrisburg, PA 17110

[www.keystonehumanservices.org](http://www.keystonehumanservices.org)

**THE LABRE CLINIC**

The Labre walk in clinic is a low barrier mental health service where someone experiencing homelessness can walk in and see someone to assess their mental health needs.

717-484-9631

2600 N. 3rd St., 1st Fl.,

Harrisburg, PA

[www.cchbg.org](http://www.cchbg.org)

**MENTAL WELLNESS AWARENESS ASSOCIATION**

Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.

855.269.2411

[www.americanmentalwellness.org](http://www.americanmentalwellness.org)

**MYNDWORKS COUNSELING**  
(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support children and adults going through a difficult period in life.

717-233-1681

2994 N 2nd St., Harrisburg, PA

[www.jfsofhbg.org](http://www.jfsofhbg.org)

**NATIONAL ALLIANCE ON MENTAL ILLNESS**  
(Dauphin County)

Goal is to improve the quality of life for victims of brain disorders (mental illnesses), their families, and friends.

717-233-1164

2501 N. Third St., Harrisburg

[www.nami-dauphincounty.org](http://www.nami-dauphincounty.org)

**NATIONAL INSTITUTE OF MENTAL HEALTH**

Mission is to transform the understanding and treatment of mental illnesses through basic and clinical research.

866-615-6464

[www.nimh.nih.gov](http://www.nimh.nih.gov)

**PA DEPARTMENT OF HEALTH**

Traumatic Brain Injury (TBI)  
Resources and Programs  
Brain Injury Help Line at  
1-866-412-4755  
[www.pa.gov/traumatic-brain-injury](http://www.pa.gov/traumatic-brain-injury)

**PA DEPARTMENT OF HEALTH HEAD INJURY PROGRAM (HIP)**

Head injury rehabilitation services.  
717-772-2763  
Brain injury hotline 866-412-4755  
[www.doh.pa.gov/headinjuryprogram](http://www.doh.pa.gov/headinjuryprogram)

**PATHWAYS FORWARD CASE MANAGEMENT UNIT**

premiere provider of Mental Health and IDD/Autism case management services to residents of Dauphin County,  
717-232-8761  
1100 S. Cameron St., Harrisburg  
717-362-1212  
295 State Drive, Elizabethville  
[www.pathfwd.org](http://www.pathfwd.org)

**PENN STATE HERSHEY MEDICAL GROUP – PSYCHIATRY**

717-531-8338  
22 Northeast Drive, Entrance B,  
 Hershey, PA 17033  
[www.pennstatehealth.org](http://www.pennstatehealth.org)

**PENNSYLVANIA MENTAL HEALTH CONSUMERS ASSOCIATION**

Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.  
717-221-1022  
2551 Walnut Street  
Harrisburg, PA  
[www.pmhca.org](http://www.pmhca.org)

**PERFORMCARE**

Behavioral Health Managed Care Organization under Health Choices serving Dauphin County. Members must be Medicaid eligible.  
Call Member Services:  
1-888-722-8646 (TTY 1-800-654-5984) or PA Relay 711  
8040 Carlson Road  
Harrisburg, PA 17112  
<https://pa.performcare.org/>

**PRESSLEY RIDGE**

Offers help for a wide variety of emotional, behavioral and mental health issues.  
717-845-6624  
141 E. Market St.  
York, PA 17401  
[www.pressleyridge.org](http://www.pressleyridge.org)  
<https://www.pa.gov/traumatic-brain-injury>

**SUSQUEHANNA HARBOR  
SAFE HAVEN**

(Christian Churches United)

Offers long-term housing within a supportive community for up to 25 formerly homeless men in Dauphin County. The program was designed to help chronically homeless men—those living on the street for a year or more—who are also dealing with mental illness.

717-232-5029

1805 N. 12<sup>th</sup> St.

Harrisburg

[www.ccuhbg.org](http://www.ccuhbg.org)

**TEAMCare Behavioral Health**  
Mental Health Outpatient Services  
for Children and Adults  
Therapy, Medication Mgt., IBHS,  
Psychological Evaluations

717-525-9804

717-525-9862-fax

[www.teamcarebh.com](http://www.teamcarebh.com)

**WELLSPAN PHILHAVEN**

Offers mental health services to 1,000 people each day.

800-932-0359

[www.wellspan.org](http://www.wellspan.org)

717-273-8871

283 S. Butler Road,  
Lebanon (main location)

[www.philhaven.org](http://www.philhaven.org)

**MENTORS**

(See also VOLUNTEER)

**AMERICA'S PROMISE  
ALLIANCE**

The collective work of the Alliance involves keeping five promises to children and youth that form the conditions they need to achieve adult success.

202-657-0600

[www.americaspromise.org](http://www.americaspromise.org)

**AMIRACLE4SURE**

To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they transform their lives after incarceration.

717-232-0100

1735 State St.

Harrisburg

[www.amiracle4sure.com](http://www.amiracle4sure.com)

**A NEW TOMORROW**

Pillars of Empowerment Center  
Mentoring, domestic violence  
intervention, anger management  
intervention

2019 Market St

Harrisburg PA 17103

717-210-3991

Email:

[anewtomorrow2019@gmail.com](mailto:anewtomorrow2019@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

**A NEW TOMORROW -  
LEMOYNE**

Pillars of Empowerment Center  
Mentoring, domestic violence  
intervention, anger management  
intervention

1300 Market St, Ste 303

Lemoyne, PA 17043

717-695-6253

Email:

[anewtomorrow1300@gmail.com](mailto:anewtomorrow1300@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

**BETHESDA MISSION  
COMMUNITY (YOUTH)  
CENTER**

717-257-5483

1438 Herr St.

Harrisburg

[www.bethesdamission.org](http://www.bethesdamission.org)

**BIG BROTHERS/BIG SISTERS  
OF THE CAPITAL REGION**

717-236-0199

1519 N. 3<sup>rd</sup> Street

Harrisburg

[www.capbig.org](http://www.capbig.org)

**BREAKING THE CHAINZ  
INC.**

Mission is to provide interactive  
and integrative prevention and  
intervention programs aimed at  
keeping adults and adolescents  
from ending up in a cold  
cell. Program assists newly  
released inmates in making a  
smooth transition from  
incarcerated inmate to productive  
citizen.

717-525-9448

2134 N 6th St.

Harrisburg, PA 17110

[www.breakingthechainz.webs.com](http://www.breakingthechainz.webs.com)

**BOYS AND GIRLS CLUB OF  
HARRISBURG**

Serves as a neighborhood-based  
organization committed to serving  
youth of all backgrounds in  
developing self-esteem and  
character and to help them become  
responsible citizens by providing  
physical, recreational, social,  
educational and vocational  
programs.

1227 Berryhill Street, Harrisburg

717-234-3268

1700 Hanover St., Harrisburg

717-232-1711

[www.bgchbg.org](http://www.bgchbg.org)

**CENTER FOR CHAMPIONS**

Desires to be an avenue where many churches, groups and businesses can partner to provide life-on-life mentors to primarily fatherless and at-risk youth.

717-232-9675

413 S 19th St.

Harrisburg, PA 17104

[www.centerforchampions.org](http://www.centerforchampions.org)

**CHRISTIAN RECOVERY  
AFTERCARE MINISTRY**

Primary focus is crime prevention, reducing recidivism and promoting a safer community.

The HUB (Harrisburg Uptown Building)

717-234-3664

1821 Fulton Street

Harrisburg, PA

[www.craminc.org](http://www.craminc.org)

**DRESS FOR SUCCESS**

Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

717-232-1333

29 S. 10<sup>th</sup> St.

Harrisburg

[www.southcentralpa.dressforsuccess.org](http://www.southcentralpa.dressforsuccess.org)

**GIRL SCOUTS IN THE  
HEART OF PA**

800-692-7816

717-233-1656

350 Hale Ave.

Harrisburg

[www.gshpa.org](http://www.gshpa.org)

**HIS MINISTRY (Father Me  
Mentoring Program)**

The Father Me Mentoring Program is designed for young men ages 10 to 14. The program focuses on helping youth make better decisions at home, in school, and within their community. Through mentoring, guidance, life skills training, and positive role modeling, young men are encouraged to build confidence, responsibility, respect, leadership skills, and healthy relationships.

The program also helps participants develop positive attitudes, improve communication, and make choices that lead to a successful future.

(717) 991-9916

15 South 4th Street

Harrisburg 17101

**JOSHUA GROUP**

(Joshua Learning Center)

Provides hope and support for at-risk Harrisburg youth through educational and vocational opportunities.

717-236-4464

1459 Market St.

Harrisburg

[www.joshuagroup.org](http://www.joshuagroup.org)

**THE JT DORSEY  
FOUNDATION**

Uses the medium of soccer to develop strong moral character, inspire academic excellence and promote community involvement for participants. Serves inner city youth ages five to 19 in the Harrisburg, Lancaster and Lebanon areas.

717-329-8937

5901 Jonestown Road, Harrisburg

[www.jtdorsey.org](http://www.jtdorsey.org)

**NEW BIRTH OF FREEDOM  
BOY SCOUTS OF AMERICA  
COUNCIL**

717-766-1591

Tuckahoe Service Center and  
Scout Shop –

400 Tuckahoe Road

Dillsburg, PA 17019

[www.newbirthoffreedom.org](http://www.newbirthoffreedom.org)

**NEW HOPE MINISTRIES**

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community services activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne) area.

717-774-6255

701 Bosler Avenue, Lemoyne

[www.nhm-pa.org](http://www.nhm-pa.org)

**SALVATION ARMY**

Gives youth a chance to experience educational enrichment, life skills development, and spiritual and physical wellness.

717-233-6755

506 S. 29<sup>th</sup> Street

Harrisburg

[www.salvationarmyharrisburg.org](http://www.salvationarmyharrisburg.org)

**OLDER ADULT  
RESOURCES****AARP**

888-687-2277

MyAARPMedicare:

1-877-699-5710

[www.aarp.org](http://www.aarp.org)

## **AREA AGENCIES ON AGING**

(Usual sources for meals on wheels)

Adams County: 717-334-9296

Cumberland County: 717-240-6110

Dauphin County: 717-780-6130

Lancaster County: 717-299-7979

Lebanon County 717-273-9262

Perry County: 717-582-5128

York County: 717-771-9610

## **ALZHEIMER'S ASSOCIATION**

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

800-272-3900 (helpline)

[www.alz.org](http://www.alz.org)

## **DAUPHIN COUNTY ELDER ABUSE HOTLINE**

1-866-723-3111

## **LGBTQ CENTER OF CENTRAL PENNSYLVANIA Aging with Pride**

Promotes a space for LGBTQ+ older adults in Central PA to find community, connection, and support.

717-409-5781

1323 N. Front St., Harrisburg

<https://centralpalgbtcenter.org/agingwithpride>

## **MEDICARE**

Centers for Medicare and Medicaid Services provides information for the Medicare and Medicaid consumer

[www.medicare.gov](http://www.medicare.gov)

[www.cms.gov](http://www.cms.gov)

## **NATIONAL CENTER ON ELDER ABUSE**

Provides the latest information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation to professionals and the public.

855-500-3537

[ncea.usc.edu](http://ncea.usc.edu)

<http://www.ncea.acl.gov/>

## **PACE AND PACENET**

State prescription program for lower income seniors.

800-225-7223

[www.pa.gov/services/aging/apply-for-the-pharmaceutical-assistance-contract-for-the-elderly](http://www.pa.gov/services/aging/apply-for-the-pharmaceutical-assistance-contract-for-the-elderly)

**PA MEDI Helpline**

(Pennsylvania Department of Aging)

Offers a free health insurance counseling program designed to help older Pennsylvanians with Medicare.

1-800-783-7067

[www.pa.gov](http://www.pa.gov)

**PENNSYLVANIA  
DEPARTMENT OF AGING**

Elder Abuse Hotline 800-490-8505

<http://www.aging.state.pa.us/>

[www.pa.gov/agencies/aging](http://www.pa.gov/agencies/aging)

**PENNSYLVANIA  
DEPARTMENT OF BANKING  
AND SECURITIES**

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.

800-722-2657

[www.dobs.pa.gov](http://www.dobs.pa.gov)

**PENNSYLVANIA SENIOR  
LAW HELPLINE**

Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.

877-727-7529

[www.seniorlawcenter.org](http://www.seniorlawcenter.org)

**SOCIAL SECURITY  
ADMINISTRATION**

800-772-1213 (national)

555 Walnut St., Suite 810,  
Harrisburg, PA

[www.ssa.gov](http://www.ssa.gov)

**DAUPHIN COUNTY  
SENIOR CENTERS**

**\*\*Please contact your County's  
Aging Office for your County's  
Senior Centers Information**

**B'NAI B'RITH SENIOR  
CENTER**

Telephone Number: 717-232-7516

130 S. 3rd Street

Harrisburg, PA 17101

[www.bnaibrith.org](http://www.bnaibrith.org)

**EAST HANOVER SENIOR  
CENTER**

Municipal Building

Telephone Number: 717-469-7514

8848 Jonestown Road

Shellsville-Grantville, PA 17028

[www.easthanovertwpdcpa.org](http://www.easthanovertwpdcpa.org)

**HEINZ-MENAKER SENIOR  
CENTER**

Telephone Number: 717-238-7860

1824 N. 4th St.

Harrisburg, PA 17102

**JEWISH COMMUNITY  
CENTER**

Senior Adult Program (Kosher  
Meals)

Alexander Grass Campus for  
Jewish Life

Telephone Number: 717-236-9555  
2986 N. 2nd St.  
Harrisburg, PA

**LEADER CENTER FOR  
ACTIVE LIFE**

Telephone Number: 717-533-2002  
605 Cocoa Avenue  
Hershey, PA 17033  
<https://leaderactivelife.org>

**LOWER PAXTON TOWNSHIP  
FRIENDSHIP SENIOR  
CENTER**

Telephone Number: 717-657-1547  
5000 Commons Dr.  
Harrisburg, PA 17112

**LYKENS BALLROOM  
SENIOR CENTER**

Telephone Number: 717-453-8350  
200 W. Main Street  
Lykens, PA 17048

**MILLERSBURG SENIOR  
CENTER**

Telephone Number: 717-692-2657  
109 Edward Dr.  
Millersburg, PA 17061

**PARENTING**

(Also see CHILDREN)

**ASERT AUTISM RESOURCE  
CENTER**

Designed to bring together existing  
resources for families, providers,  
and self-advocates, and allow them  
to access a broad array of  
information to help meet the needs  
of those living with or serving  
people with autism.  
877-231-4244

[www.paautism.org](http://www.paautism.org)

**AUTISM SOCIETY,  
GREATER HARRISBURG  
AREA CHAPTER**

Promotes opportunities for  
individuals with Autism Spectrum  
Disorders (ASD) to participate in  
the same valued life experiences as  
do other citizens.

800-244-2425, ext. 8408

PO Box 101, Enola

[www.autismharrisburg.org](http://www.autismharrisburg.org)

**A NEW TOMORROW**

Pillars of Empowerment Center

Parenting mentor

717-210-3991

2019 Market St

Harrisburg PA 17103

Email:

[anewtomorrow2019@gmail.com](mailto:anewtomorrow2019@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

**A NEW TOMORROW –  
LEMOYNE**

Pillars of Empowerment Center  
Parenting mentor  
717-695-6253  
1300 Market St, Ste 303  
Lemoyne, PA 17043  
Email:  
anewtomorrow1300@gmail.com  
[www.anewtomorrow.info](http://www.anewtomorrow.info)

**GREATER HARRISBURG  
HEALTHY START**

(Program of Hamilton Health Center) Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live. 717-909-1278  
110 S. 17th Street, Harrisburg  
[www.hamiltonhealthcenter.com](http://www.hamiltonhealthcenter.com)  
<http://www.harrisburghealthystart.com/>

**HEALTHY STEPS DIAPER  
BANK**

Mission is to provide diapers to children in need to keep children clean, dry, and healthy. To do that, Healthy Steps partners with local non-profit organizations who then provide the diapers free of charge to active participants of its program.  
717-919-2590  
4075 Linglestown Road  
3307 N 6th Street, Unit 2  
(warehouse)  
[www.healthystepsdiaperbank.com](http://www.healthystepsdiaperbank.com)

**HIS MINISTRY (Greater Dads  
Fatherhood Program)**

The program focuses on helping fathers develop stronger parenting skills, healthy relationships, responsibility, and positive involvement in their children's lives.  
(717) 991-9916  
15 South 4th Street  
Harrisburg 17101

**NATIONAL FATHERHOOD  
INITIATIVE**

Vision is for every child to grow up with an involved, responsible and committed father.  
301-948-0599  
[www.fatherhood.org](http://www.fatherhood.org)

## **PARENTS HELPING PARENTS**

A support helpline.

800-632-8188

[www.parentshelpingparents.org](http://www.parentshelpingparents.org)

## **TRI COUNTY COMMUNITY ACTION**

Offers programs to support families developing parenting skills, enhancing communication, school readiness and household management. Also offers one-on-one in-home education for parents of children 0-5 years of age, and a program just for dads.

Harrisburg:

717-232-9757

1514 Derry Street, Harrisburg

Elizabethville:

717-232-9757 Ext. 401

20 Clearfield Street, Elizabethville

[www.cactricounty.org](http://www.cactricounty.org)

## **UNITED WAY OF THE CAPITAL REGION**

Ready for School, Ready to Succeed, provides free virtual and in-person workshops for children ages 3 to 5 (and their families) to prepare them for kindergarten. We currently partner with 4 school districts in Dauphin County: Central Dauphin, Harrisburg, Susquehanna, and Steelton-Highspire.

717-732-0700

2235 Millennium Way

Enola, PA 17025

[www.uwcr.org](http://www.uwcr.org)

## **WIC**

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.

800-WIC-WINS (942-9467)

[www.pawic.com](http://www.pawic.com)

## **POISON**

### **AMERICAN ASSOCIATION OF POISON CONTROL CENTERS**

Site is designed to provide fast and useful information on how to manage exposures to potentially toxic products, poisons, and medications.

800-222-1222

[www.poisonhelp.org](http://www.poisonhelp.org)

**LEAD POISONING**

Pennsylvania Department of  
Health  
800-440-5323 (LEAD)

**PREGNANCY  
SERVICES**

(Also see WOMEN)

**BETHANY CHRISTIAN  
SERVICES**

If you are pregnant and don't  
know what to do, Bethany can  
provide free, confidential support  
to help you determine your path  
forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1,  
Suite 201, Harrisburg

[www.bethany.org](http://www.bethany.org)

**CARLISLE AREA FAMILY  
LIFE CENTER**

Mission is to protect the unborn  
through emotional, material, and  
educational support of women and  
families.

717-243-1918

200 N. Hanover St., Carlisle

[www.carlislefamilylifecenter.org](http://www.carlislefamilylifecenter.org)

**DIAKON PREGNANCY  
SERVICES**

Offers free counseling to expectant  
mothers, with staff available to  
meet in total confidence at a  
location of your choice.

888-582-2230

[www.diakon.org/pregnancy](http://www.diakon.org/pregnancy)

**GREATER HARRISBURG  
HEALTHY START**

(Program of Hamilton Health  
Center)

Mission is to improve the health  
and well-being of pregnant and  
postpartum women, their babies,  
families and the community by  
providing comprehensive  
supportive services in the  
communities where they live.

Serving Harrisburg, Steelton,  
Highspire, Middletown.

717-909-1278

110 S. 17th Street, Harrisburg

[www.harrisburghealthystart.com](http://www.harrisburghealthystart.com)

**LIFELINE RESOURCE  
CENTER**

Goal is to help women and  
families from the time they find  
out they are pregnant until their  
children are about age six.

Hours are Monday, Tuesday and  
Wednesday from 1 to 4 p.m., and  
Tuesday and Thursday from 6 to 8  
p.m.

717-692-2183

403 Union St., Millersburg

[www.lifeline-pcc.org](http://www.lifeline-pcc.org)

**LOURDESHOUSE  
MATERNITY HOME**

(Catholic Charities)

Provides specialized,  
comprehensive maternity care and  
residential services to women in  
need in South Central  
Pennsylvania.

717-412-4865

120 Willow Road, Suite A.  
Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**MORNINGSTAR  
PREGNANCY SERVICES**

Pregnancy-related services and  
information including free  
pregnancy tests

2509 N. Front Street Harrisburg  
717-901-2799

503 Bridge St., New Cumberland  
717-864-5156

35 S. Union St., Middletown  
(717) 864-5154

[www.morningstarclinics.com](http://www.morningstarclinics.com)

**WOMEN'S CARE CENTER OF  
YORK**

Provides free, confidential  
counseling, support and education  
to women facing unplanned  
pregnancies.

717-854-6285

40 S. Richland Ave., York

[www.womenscarecenter.org](http://www.womenscarecenter.org)

**RAPE**

(See also ABUSE, VICTIMS)

**EMERGENCIES**

911

**DOMESTIC VIOLENCE  
HOTLINES**

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON:

800-621-6660

JUNIATA/MIFFLIN:

717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/S

NYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

**PENNSYLVANIA COALITION  
AGAINST RAPE**

Works to end sexual violence and  
advocates for the rights and needs  
of sexual assault victims.

888-772-7227 (24-hour hotline)

800-692-7445

[www.pcar.org](http://www.pcar.org)

**SEXUAL ASSAULT  
RESOURCE & COUNSELING  
CENTER**

Prevents sexual violence and promotes healing for those impacted.

717-272-5308 (hotline Lebanon)  
615 Cumberland St., Lebanon  
570-628-2965 (hotline Schuylkill)  
Schuylkill Office:  
17 Westwood Centre, Pottsville  
[www.sarcclebanon.org](http://www.sarcclebanon.org)

**YWCA OF CARLISLE –  
SEXUAL ASSAULT/RAPE  
CRISIS SERVICES OF  
CUMBERLAND COUNTY**

888-727-2877  
301 G Street, Carlisle  
[www.ywcacarlisle.org](http://www.ywcacarlisle.org)

**YWCA OF GREATER  
HARRISBURG**

Violence intervention and prevention services.  
Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.  
800-654-1211  
1101 Market St., Harrisburg  
[www.ywcahbg.org](http://www.ywcahbg.org)

**YWCA of YORK/VICTIM  
SERVICES**

Sexual violence hotline  
800-262-8444  
717-846-5400  
320 East Market Street, York  
[ywca.org/victim-services](http://ywca.org/victim-services)  
[www.ywcayork.org](http://www.ywcayork.org)

**REENTRY  
SERVICES**

**AMIRACLE4SURE, INC.**

Provides reentry supportive services for families impacted by the criminal justice system.  
717-232-0100  
1735 State Street  
Harrisburg, PA 17103  
[www.amiracle4sure.com](http://www.amiracle4sure.com)

**A NEW TOMORROW**

Pillars of Empowerment Center  
Housing, mentoring, workforce development, domestic violence intervention, family reunification, case management  
717-210-3991  
2019 Market St  
Harrisburg PA 17103  
Email:  
[anewtomorrow2019@gmail.com](mailto:anewtomorrow2019@gmail.com)  
[www.anewtomorrow.info](http://www.anewtomorrow.info)

**A NEW TOMORROW –  
LEMOYNE**

Pillars of Empowerment Center  
Housing, mentoring, workforce  
development, domestic violence  
intervention, family reunification,  
case management

717-695-6253

1300 Market St, Ste 303

Lemoyne, PA 17043

Email:

[anewtomorrow1300@gmail.com](mailto:anewtomorrow1300@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

**BREAKING THE CHAINZ,  
INC.**

Provides reentry services including  
housing, mentoring, case  
management services.

717-525-9448

2134 N. Sixth St.

Harrisburg, PA 17110

[www.breakingthechainz.webs.com](http://www.breakingthechainz.webs.com)

**Bro2Go**

To empower, equip, and motivate  
men and women who are ex-  
offenders and at-risk youth.

Harrisburg location:

717-234-3664

1821 Fulton St.

HBG, PA 17110

[bro2go.org](http://bro2go.org)

**CENTER FOR  
EMPLOYMENT  
OPPORTUNITIES  
(PA CareerLink)**

Job coaching, job development,  
transitional employment for  
formerly incarcerated adults.

717-783-3270

100 N. Cameron St.

Harrisburg, PA 17101

[www.pacareerlink.pa.gov](http://www.pacareerlink.pa.gov)

**TRI-COUNTY OIC**

Reentry programs for former and  
current inmates transition into the  
community.

717-238-7318

500 Maclay St.

Harrisburg, PA 17110

[www.tricountyoic.org](http://www.tricountyoic.org)

## **SUBSTANCE USE CONCERNS**

(See also ALCOHOL PROBLEMS)

### **ADVANCEMENT IN RECOVERY PROGRAM (AIR)**

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

2501 N 3rd St, Harrisburg, PA 17110  
717-782-6844

**Effective September 8<sup>th</sup>, 2026:**

New address: 100 N. Cameron St.  
Harrisburg, PA 17101  
Ppimhs.org

### **ALCOHOLICS ANONYMOUS**

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The Central Service Office is located in the Fellowship House,  
717-234-5390

1251 S. 19<sup>th</sup> St., Harrisburg.

[www.aaharrisburg.org](http://www.aaharrisburg.org)

### **AL-ANON/ALATEEN**

For information on where to find a local meeting:

888-425-2666

[www.pa-al-anon.org](http://www.pa-al-anon.org)

### **A NEW TOMORROW**

Pillars of Empowerment Center

717-210-3991

2019 Market St

Harrisburg PA 17103

Email:

[anewtomorrow2019@gmail.com](mailto:anewtomorrow2019@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

### **A NEW TOMORROW – LEMOYNE**

Warm Hand Off, recovery housing, recovery support services, case management.

717-695-6253  
1300 Market St, Ste 303

Lemoyne, PA 17043

Email:

[anewtomorrow1300@gmail.com](mailto:anewtomorrow1300@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

**BABY LOVE**

Provides free services designed to meet the physical, emotional and social needs of individuals who are struggling with addictions.

Dedicated to promoting healthy outcomes for mother and child by helping with that person's individual needs.

866-530-2229 (BABY)

1105 17<sup>th</sup> St.

Harrisburg PA 17104

<https://www.hamiltonhealthcenter.com/>

**BEHAVIORAL HEALTH  
TREATMENT SERVICES  
LOCATOR**

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

[www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov)

**BETHESDA MISSION**

Harrisburg's rescue mission, providing shelter, food and counseling for hurting and homeless men, women, and children.

611 Reily St. Harrisburg (Men's Mission House)

717-257-4440

717-257-4447 (Women's shelter)

[www.bethesdamission.org](http://www.bethesdamission.org)

**CONEWAGO PLACE**

drug and alcohol treatment

717 533-0428

424 Nye Road, Hershey,

PA 17036

[www.firetree.com](http://www.firetree.com)

**CONTACT HELPLINE**

Information and referral service

800-932-4616 or 2-1-1

[www.contacthelpline.org](http://www.contacthelpline.org)

**DAUPHIN COUNTY  
DEPARTMENT OF DRUG &  
ALCOHOL SERVICES**

Serves those affected with substance use problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

3815 Tecport Drive

Harrisburg, PA 17111

[www.dauphincounty.gov](http://www.dauphincounty.gov)

**DAYSTAR CENTER FOR  
SPIRITUAL RECOVERY**

A community based residential treatment facility for men with substance use disorders.

717-230-9898

125 N. 18<sup>th</sup> St., Harrisburg

[www.daystarrecovery.com](http://www.daystarrecovery.com)

**EVERGREEN HOUSE**

(Catholic Charities)

Provides a safe, secure, nurturing environment for women recovering from addiction.

717-412-4594

120 Willow Road, Suite B,  
Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**GAUDENZIA-HARRISBURG**

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.

Gaudenzia Common Ground offers assessment and detoxification services at

Common Ground

3740 Chambers Hill Road,  
Harrisburg.

717-238-4800

Gaudenzia Outpatient

2039 N 2<sup>nd</sup> Street,

Harrisburg, PA 17102

717 238-4200

Gaudenzia Concept 90

2835 North Front Street,

Harrisburg PA 17110

717-238-4200

717 232-3232

[www.gaudenzia.org](http://www.gaudenzia.org)

**GENESIS HOUSE, INC.**

Drug and alcohol treatment

717-232-6981

121 Locust Street, Harrisburg PA  
17101

[www.geneshousepc.com](http://www.geneshousepc.com)

**HARRISBURG****COMPREHENSIVE****TREATMENT CENTER**

drug and alcohol treatment

717-678-7779

(844) 494-1478

3601 North Progress Avenue,  
Harrisburg, PA 17110

[www.ctcprograms.com](http://www.ctcprograms.com)

**NAR-ANON FAMILY GROUP**

A 12-step program is primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to them.

Meeting information:

[www.nar-anon.org](http://www.nar-anon.org)

**NARCOTICS ANONYMOUS**

To find a meeting.

[www.na.org](http://www.na.org)

**OPIOID PROBLEMS**

Pennsylvania helpline

800-662-HELP (4357)

Also:

[www.attorneygeneral.gov](http://www.attorneygeneral.gov)

<http://www.overdosefreepa.pitt.edu/>

**PA COUNSELING SERVICES  
CARE STREET**

drug and alcohol treatment  
297 Care Street  
Harrisburg, Pa 17109  
Phone: 717-671-9610  
548 S. 17th Street, Harrisburg, PA  
17104  
717-695-7919  
<https://pacounseling.com/>

**PENNSYLVANIA  
DEPARTMENT  
OF DRUG AND ALCOHOL  
PROGRAMS.**

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-4357

The Get Help Now helpline offers free, confidential support 24/7/365 by call, text, or live chat — for anyone concerned about drug or alcohol use, either for themselves or someone they care about.

[www.ddap.pa.gov](http://www.ddap.pa.gov)

**PENN STATE HEALTH  
PSYCHIATRY AND  
BEHAVIORAL HEALTH  
ADVANCEMENT IN  
RECOVERY (AIR) PROGRAM**

Offers a comprehensive Medication Assisted Treatment Program for individuals struggling with Opioid Use Disorder. The AIR team consists of medical doctors and clinicians, all of whom have expertise in dealing with opioid use disorders and the transition to Buprenorphine, Methadone and Vivitrol. The team provides support for patients throughout all phases of treatment.

2501 North Third Street,  
Harrisburg, PA 17110

717-782-6844

Effective September 8<sup>th</sup>, 2026:

New address: 100 N. Cameron St.  
Harrisburg, PA 17101

<https://ppimhs.org/>

**PYRAMID OUTPATIENT  
drug and alcohol treatment center**

717-901-5652

814-458-5184

Available 24/7

3207 North Front Street,  
Harrisburg, PA 17110

[www.pyramid-healthcare.com](http://www.pyramid-healthcare.com)

**TRUE NORTH WELLNESS**

drug and alcohol treatment

Main Office:

717-657-2080

5351C Jaycee Ave 1, Harrisburg,

800-315-0951 Option 2.

Main Number for all Offices:

717-632-4900

Satellite Office:

Northern Dauphin County Human  
Services Center

295 State Drive, Elizabethville,  
PA, 17102

<https://truenorthwellness.org/>

**UPMC CENTER FOR  
ADDICTION RECOVERY**

717-782-4781

2501 N 3rd St,

Harrisburg, PA 17110

Medical Assisted Treatment  
services.

[www.upmc.com](http://www.upmc.com)

**SUICIDE  
PREVENTION**

(See also MENTAL HEALTH)

**AMERICAN FOUNDATION  
FOR SUICIDE PREVENTION**

South Central Pennsylvania  
chapter

Dedicated to saving lives and  
bringing hope to those affected by  
suicide.

Dial:988

800-273-8255

[www.afsp.org](http://www.afsp.org)

**DAUPHIN COUNTY ASPIRE**

Suicide Prevention Task Force of  
Dauphin County. Provides

Trainings for organizations and

groups. Meetings open to public.

717-329-2723

[www.dauphincoaspire.org](http://www.dauphincoaspire.org)

**THE TREVOR PROJECT**

Leading national organization

providing crisis intervention and

suicide prevention services to

lesbian, gay, bisexual, transgender

and questioning (LGBTQ) young  
people under 25.

866-488-7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

**SURVIVORS OF SUICIDE  
LOSS PEER SUPPORT  
GROUP**

Survivors of Suicide Loss

Harrisburg, PA 17110

Free support groups open to  
anyone living in Dauphin or  
Cumberland County, 18+ who has  
lost someone to suicide. Peer  
support may be available to older  
teens (particularly siblings), please  
contact Robin to confirm and for  
meeting information.

Our facilitator is a peer who has  
attended the American Foundation  
for Suicide Prevention's (AFSP)  
Facilitating a Suicide Bereavement  
Support Group training.

Interested? Reach out.

Robin L. Goudy

[mommy0004@aol.com](mailto:mommy0004@aol.com)

717-877-9527

## **TEENS**

### **NATIONAL RUNAWAY SAFELINE**

800-RUNAWAY (786-2929)  
[www.1800runaway.org](http://www.1800runaway.org)

### **NATIONAL HUMAN TRAFFICKING HOTLINE**

National anti-trafficking hotline  
serving victims and survivors of  
human trafficking and the anti-  
trafficking community in the  
United States.

888-373-7888

Text\* 233733

<https://humantraffickinghotline.org/en>  
[www.traffickingresourcecenter.org](http://www.traffickingresourcecenter.org)

### **THE SYNERGY PROJECT**

The Synergy Project is a street  
outreach program of Valley Youth  
House that assists youth ages 16-  
21 who lack stable housing in  
Dauphin County. All services are  
LGBTQ+ affirming.

2001 North Front St. Suites 320,  
321, 323, Harrisburg  
717-996-4545

Toll-free hotline: 1-833-SOP-1818  
(SOP = Street Outreach Project)

<https://valleyyouthhouse.org/>

## **TELEMARKETERS**

To register your phone number  
on the Do-Not-Call list at no cost:

[www.donotcall.gov](http://www.donotcall.gov)

## **TRANSPORTATION**

### **GUARDIAN TRANSPORT SOLUTIONS, LLC**

Non-Emergency Medical  
Transportation Services  
717-675-9866  
273 Mulberry Drive  
Mechanicsburg, PA 17050  
[Guardiantransportsolutions.com](http://Guardiantransportsolutions.com)

### **RABBIT TRANSIT**

Customer Service Information:

Phone: 1-800-632-9063

PA Relay: 7-1-1 (for individuals  
with a hearing or speech disability)

Capital Region Main Office

Hours:

901 N. Cameron St.

Harrisburg, PA 17101

[www.rabbittransit.org](http://www.rabbittransit.org)

## **VETERANS**

### **VETERANS NATIONAL CRISIS LINE**

800-273-8255

text to **838255**

chat online at

[VeteransCrisisLine.net/Chat](http://VeteransCrisisLine.net/Chat)

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

**A NEW TOMORROW**

Pillars of Empowerment Center  
717-210-3991  
2019 Market St  
Harrisburg PA 17103  
Email:  
anewtomorrow2019@gmail.com  
[www.anewtomorrow.info](http://www.anewtomorrow.info)

**A NEW TOMORROW -  
Lemoyne**

Pillars of Empowerment Center  
717-695-6253  
1300 Market St, Ste 303  
Lemoyne, PA 17043  
Email:  
anewtomorrow1300@gmail.com  
[www.anewtomorrow.info](http://www.anewtomorrow.info)

**DAUPHIN COUNTY  
VETERANS AFFAIRS**

717-780-6357  
2 South Second Street Harrisburg,  
fourth floor  
[www.dauphincounty.gov](http://www.dauphincounty.gov)

**HARRISBURG VET CENTER**

(U.S. Department of Veterans  
Affairs)  
717-782-3954  
1500 N. Second St., Suite 2  
Harrisburg, Pa.  
[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

**LEBANON VA MEDICAL  
CENTER**

717-272-6621 / 800-409-8771  
Teletype for the Deaf (TTY)  
services: dial 711  
1700 S. Lincoln Avenue, Lebanon  
<http://www.lebanon.va.gov/>

**MAKE THE CONNECTION**

An online resource designed to  
connect veterans, their family  
members and friends, and other  
supporters with information,  
resources, and solutions to issues  
affecting their lives.  
[www.maketheconnection.net](http://www.maketheconnection.net)

**NATIONAL COALITION FOR  
HOMELESS VETERANS**

Resource and technical assistance  
center for a national network of  
community-based service  
providers and local, state and  
federal agencies that provide  
emergency and supportive  
housing, food, health services, job  
training and placement assistance,  
legal aid and case management  
support for hundreds of thousands  
of homeless veterans.  
877-424-3838 (24/7 crisis hotline)  
800-VET-HELP  
[www.nchv.org](http://www.nchv.org)

**PENNSYLVANIA  
DEPARTMENT OF  
MILITARY AND VETERAN'S  
AFFAIRS**

Provides advice and assistance to Pennsylvania's nearly 800,000 veterans and their families.

[www.dmva.pa.gov](http://www.dmva.pa.gov)

**PENNSYLVANIA VETERANS  
REGISTRY**

An online application that allows veterans, family members and people who work with veterans to connect with Department of Military and Veterans Affairs to request information related to the valuable state benefits, programs and services offered.

[www.pa.gov](http://www.pa.gov)

<http://www.dmva.state.pa.us/>

**ROBERT M. JACKSON  
VETERANS CENTER, INC**

Offers low-income housing alternatives, counseling, case management, education and job readiness training, personal and financial development, veterans' benefit resource assistance, clothing and food pantry assistance.

717-695-6249

316 Carlisle St., Harrisburg

[www.rmjvc.org](http://www.rmjvc.org)

**SUPPORTIVE SERVICES FOR  
VETERAN FAMILIES**

(Volunteers of America Pennsylvania) Provides low-income veteran families with services aimed at preventing homelessness and improving their stability. Serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties. 717-236-1440

2112 Walnut St., Harrisburg

[www.voapa.org](http://www.voapa.org)

<http://www.voapa.org/veteran-services>

**U.S. DEPARTMENT OF  
VETERAN AFFAIRS**

GI Bill 888-442-4551

Healthcare benefits 877-222-8387

PTSD 802-296-6300

[www.va.gov](http://www.va.gov)

**VETERAN'S MULTI-  
SERVICE CENTER**

services, programs, opportunity and advancement to Veterans of the U.S. military and their families

Jarvis.brown@vmcenter.org

215-923-2600

21 S. 3<sup>rd</sup> St.

Harrisburg, PA 17101

[www.vmcenter.org](http://www.vmcenter.org)

## **YWCA VETERAN'S SERVICES**

Works closely with area service providers and agencies to ensure that all veterans and their families receive the best possible care through eligible programs.  
717-234-7931  
800-654-1211 (24-hour hotline)  
[www.ywcahbg.org](http://www.ywcahbg.org)

## **VICTIMS**

(See also ABUSE, RAPE & WOMEN)

### **DAUPHIN COUNTY VICTIM/WITNESS ASSISTANCE PROGRAM**

Strives to reduce the trauma of a crime by empowering and assisting crime victims, witnesses and significant others in reconstructing their lives through advocacy, support, information and referrals.  
717-780-7075  
25 S. Front St., 7<sup>th</sup> floor,  
Harrisburg  
[www.victimwitness.org](http://www.victimwitness.org)

## **PENNSYLVANIA OFFICE OF VICTIM ADVOCATE**

Works to provide victims of crime with notifications, support and advocacy services.  
800-563-6399  
1101 S. Front St., Suite 5200,  
Harrisburg  
<https://www.pa.gov/agencies/ova/institutional-advocacy>

### **VICTIM SERVICES DIVISION (Cumberland County)**

Assists victim and witnesses of crime during their involvement with the criminal justice system.  
Main office  
717-240-6220  
717-258-4806  
2120 Market St., Camp Hill  
717-761-5599  
York 717-771-9956  
Perry County 717-582-8900  
[www.dvscp.org](http://www.dvscp.org)

### **YWCA of YORK/VICTIM SERVICES**

Sexual violence, 800-422-3204 or 717-854-3131  
Domestic violence, 800-262-8444 or 717-846-5400  
[www.ywcayork.org](http://www.ywcayork.org)

## **VOLUNTEER**

(See also EDUCATION FOR ADULTS and MENTORING)

### **BIGUS WORKFORCE TRAINING**

Volunteer and work opportunities for construction related projects. Contact BigUs if you are interested in joining the community of individuals reshaping workforce training.

info@bigusworkforce.org  
bigusworkforce.org

### **HABITAT FOR HUMANITY OF THE GREATER HARRISBURG AREA**

2416 Park Dr.  
Harrisburg, PA  
717-545-7299  
800 Paxton St.  
Harrisburg  
717-480-5083  
[www.harrisburghabitat.org](http://www.harrisburghabitat.org)

### **LEND A HAND**

A local disaster response and assistance program.  
717-731-8888  
2601 n. Front St. Suite 209,  
Harrisburg  
[www.lendahand.net](http://www.lendahand.net)

## **MENNONITE DISASTER SERVICE**

Volunteer network of Anabaptist churches that responds to those affected by disasters in Canada and the United States.

717-735-3536  
800-241-8111  
583 Airport Road, Lititz  
<https://mds.org/>  
<http://www.mds.mennonite.net/>

### **UNITED WAY OF THE CAPITAL REGION**

Volunteer Center program's mission is to advocate for volunteerism and serve as a clearinghouse for volunteer opportunities and needs in Dauphin, Cumberland and Perry counties.

717-732-0700  
2235 Millennium Way, Enola  
[www.uwcr.org](http://www.uwcr.org)

### **VOLUNTEERS OF AMERICA PENNSYLVANIA**

A ministry of service providing people in need with support skills and tools that lead to individual empowerment, self-sufficiency and stability.

717-236-1440  
2112 Walnut St., Harrisburg  
[www.voapa.org](http://www.voapa.org)

## **WATER ASSISTANCE**

### **H2O HELP TO OTHERS PROGRAM™**

(PENNSYLVANIA AMERICAN  
WATER)

800 Hershey Park Dr, Hershey, PA  
17033

1-800-565-7292

1-888-282-6816

<https://amwater.com/paaw/>

### **THE SHARES PROGRAM**

Helps Veolia Water customers  
who need temporary financial  
assistance to maintain their water  
service. Application process is  
available online at

203 Main St., Suite B PMB #396  
Flemington, NJ 08822

Sharesnation.org

717-233-6755 (Salvation Army  
Capital Region)

<https://apply.sharesnation.org>

## **WOMEN**

(See also CHILDREN, MEDICAL  
and PREGNANCY SERVICES)

### **BABIES**

(Healthy Baby Helpline)

Pennsylvania Department of  
Health

Provides information to those who  
are pregnant or think they may be  
pregnant.

800-986-BABY

<https://mfhs.org/>

### **BABY LOVE**

Provides free services designed to  
meet the physical, emotional, and  
social needs of individuals who are  
struggling with addictions.

Program is part of Hamilton  
Health Center.

866-530-2229

<https://www.hamiltonhealthcenter.com/>

[www.babylove.hamiltonhealthcenter.com](http://www.babylove.hamiltonhealthcenter.com)

### **BETHANY CHRISTIAN SERVICES**

If you are pregnant and don't  
know what to do, Bethany can  
provide free, confidential support  
to help you determine your path  
forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1,  
Suite 201, Harrisburg

[www.bethany.org](http://www.bethany.org)

### **BRIDGE OF HOPE HARRISBURG AREA**

Vision is for communities in both  
Dauphin and Cumberland counties  
where no family is homeless.

717-635-5957

PO Box 15212, Harrisburg 17105

[www.harrisburg.bridgeofhopeinc.org](http://www.harrisburg.bridgeofhopeinc.org)

**COMMUNITY CHECK UP-CENTER**

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

717-233-1700

38C Hall Manor

Harrisburg, PA

[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

**EVERGREEN HOUSE**

(Catholic Charities)

Provides a safe, secure, nurturing environment for women recovering from addiction.

717-412-4594

120 Willow Road, Suite B,

Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**FAMILY HEALTH COUNCIL OF CENTRAL PA.**

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

717-761-7380

3461 Market St 200, Camp Hill,  
PA 17011

[www.fhccp.org](http://www.fhccp.org)

**HUMAN LIFE SERVICES**

Free pregnancy testing, Free obstetrical ultrasounds, Confidential counseling about pregnancy options, Prenatal and parenting education, Maternity and baby clothes, Referrals for community services.

Call or Text 717-846-2384

742 South George Street

York, PA 17401

[www.humanlifeservices.org](http://www.humanlifeservices.org)

**LIGHTHOUSE OUTREACH CENTER**

An interdenominational ministry that outreaches to both church and unchurched women in need of transitional housing.

717-236-0735

1839 Market St., Harrisburg

[www.lighthouseoutreachhbg.org](http://www.lighthouseoutreachhbg.org)

**LIFEPATH CHRISTIAN MINISTRIES**

Operates programs for women and children.

717-845-7662

363-371

West Market Street, York

[www.lifepathyork.org](http://www.lifepathyork.org)

**LOURDESHOUSE  
MATERNITY HOME**

(Catholic Charities)

Provides specialized,  
comprehensive maternity care and  
residential services to women in  
need in South Central  
Pennsylvania.

717-412-4865

120 Willow Road, Suite A.,  
Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**MORNING STAR**

2509 N. Front Street  
Harrisburg, PA 17110

717-807-7100

35 S. Union St.,  
Middletown, PA 17057

717-807-7103

503 Bridge Street

New Cumberland, PA 17070

717-864-5177

[www.morningstarclinics.com](http://www.morningstarclinics.com)

**PENNSYLVANIA  
COMMISSION FOR WOMEN**

Responsible for advising the  
Governor on policies and  
legislation that impact women.

717-787-5825

1-800-947-4941

[www.pafamiliesinc.org](http://www.pafamiliesinc.org)

[http://www.governor.pa.gov/about/  
pennsylvania-commission-for-  
women](http://www.governor.pa.gov/about/pennsylvania-commission-for-women)

**PLANNED PARENTHOOD**

One of the nation's leading  
providers of high-quality,  
affordable health care, and the  
nation's largest provider of sex  
education.

Harrisburg Medical Center

1514 North Second Street,

Harrisburg

717-234-2468.

Lancaster Medical Center

902 Manor Street

Lancaster,

717-299-2891

York Medical Center

728 Beaver St., York

717-845-9681

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**YORK INTENSIVE FAMILY  
SERVICES**

Provides free life-affirming  
solutions to any woman or man  
facing an unexpected or unplanned  
pregnancy throughout the  
pregnancy until the child turns  
one.

717-843-7986

253 E. Market Street, York

[www.cchbg.org](http://www.cchbg.org)

<http://www.theprogramhbg.org/>

## MISC.

### **1 VOTE COUNTS, INC.**

Inspiring, Empowering, Educating and Engaging our youth, as well as returning citizens, uninformed, disenfranchised communities on the significance and role of all citizens in the electoral process.

717-712-9525

231 State St.

Harrisburg, PA 17101

[michelle@1votecounts.org](mailto:michelle@1votecounts.org)

[www.1votecounts.org](http://www.1votecounts.org)

### **A NEW TOMORROW**

Pillars of Empowerment Center  
Workforce development, clothing, food pantry

717-210-3991

2019 Market St

Harrisburg PA 17103

Email:

[anewtomorrow2019@gmail.com](mailto:anewtomorrow2019@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

### **A NEW TOMORROW – LEMOYNE**

Pillars of Empowerment Center  
Workforce development, clothing, food pantry

717-695-6253

1300 Market St, Ste 303

Lemoyne, PA 17043

Email:

[anewtomorrow1300@gmail.com](mailto:anewtomorrow1300@gmail.com)

[www.anewtomorrow.info](http://www.anewtomorrow.info)

### **DAUPHIN COUNTY ASSISTANCE OFFICE**

Pennsylvania offers assistance and other services to people and families in need such as Medical Assistance and SANP. You can submit applications and renewals at your local county assistance office drop box or online using COMPASS. Case workers are available at the county assistance office to help you and answer your questions in person or over the phone.

2432 N. 7th Street

P.O. Box 5959

Harrisburg, PA 17110-0959

OFFICE HOURS: 8 a.m.-5 p.m.

Toll-Free: 1-800-788-5616

1-866-550-4355

Phone: 717-787-2324

LIHEAP 717-265-8919

FAX: 717-772-4703

### **COMPASS**

<https://www.compass.state.pa.us5>

**LOST SOULS NEED  
BLESSINGS, INC.**

is a beacon of hope for individuals in need, offering comprehensive human social services to those seeking a fresh start. Our mission is to provide life-changing resources and programs that empower individuals to regain stability, rebuild their lives, and become productive members of society.

412-513-6782  
2643 Nth 3rd Street  
Harrisburg, PA 17109  
Henderson.lsnb@gmail.com

**NORTHERN DAUPHIN  
HUMAN SERVICES CENTER**  
Children and Youth Services; Area Agency on Aging; Department of Drug and Alcohol; and numerous service providers.  
717-905-2700  
295 State Drive, Elizabethville  
[www.dauphincounty.gov](http://www.dauphincounty.gov)

**SOUTH CENTRAL  
COMMUNITY ACTION  
PROGRAMS, INC. (SCCAP)**

This is a program to help people who have very limited incomes to cut their heating bills, save energy, and have warmer homes.

Gettysburg:  
717-334-7634  
153 N Stratton St.  
Gettysburg, PA 17325  
Franklin County Office:  
717-263-5060  
533 S. Main Street  
Chambersburg, PA 17201

**TRI COUNTY COMMUNITY  
ACTION**

Early Childhood and Family Development  
Housing Services  
Employment, Education, and Financial Empowerment  
Community Development  
Harrisburg:  
717-232-9757  
1514 Derry Street, Harrisburg  
Elizabethville:  
717-232-9757 Ext. 401  
20 Clearfield Street, Elizabethville  
[www.cactricounty.org](http://www.cactricounty.org)

**UPPER DAUPHIN HUMAN  
SERVICES CENTER**

717-453-9352  
727 Main Street  
Lykens, PA 17048  
mailto:roadtosuccess@uwcr.org  
[www.upperdauphinhumanservices.com](http://www.upperdauphinhumanservices.com)